

1 **Sea ice increases benthic community heterogeneity in a seagrass**
2 **landscape**

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25 **Abstract**

26 Sea ice plays an important role in subpolar seagrass meadows. It protects
27 meadows against wave action and extreme temperatures. On the other hand, sea ice
28 destroys seagrass leaves and removes plots of sediments and organics debris, leaving
29 long-lasting ice-made tidal pools of various shapes and sizes within the meadow. The
30 present study aimed at investigating the effect of sea ice on benthic community structure
31 and biogeochemical processes in a subpolar seagrass meadow. Vegetated areas (V),
32 artificially-created (aTP), and natural (nTP) tidal pools were sampled from April to
33 October 2018 in a seagrass meadow located at Manicouagan Peninsula (Québec;
34 49°5'36"N, 68°12'44"W). aTP and nTP showed similar sediment characteristics with
35 coarser sediment and lower particulate organic carbon and total nitrogen content but
36 also lower NO_x and higher NH₄⁺ and PO₄³⁻ porewater concentrations as compared to V.
37 Benthic macrofauna communities showed a strong seasonality with very reduced total
38 density, biomass and species richness during wintertime (from December to April)
39 relatively to summertime (from June to September). Benthic macrofauna communities
40 were also more diversified and abundant in V than in aTP and nTP. Species
41 assemblages in aTP and nTP represented a subset of species assemblages in V with any
42 species found exclusively in tidal pools. However, total biomass was similar among
43 treatments, suggesting that tidal pools sheltered larger individuals than vegetated areas.
44 These results underline the importance of considering the spatial heterogeneity of
45 seagrass meadows when assessing the functioning of these ecosystems.

46 **Keywords:** Biodiversity; Macrofauna; Biogeochemistry; *Zostera marina*; Subpolar
47 environment; Tidal pools

48 **1. Introduction**

49 Seagrasses represent a group of marine flowering plants forming vast meadows
50 in estuarine and marine coastal environments from tropical to sub-polar regions (Green
51 and Short, 2003). They are considered some of the most productive and valuable
52 ecosystems worldwide (Barbier et al., 2011; Costanza et al., 1997; Dewsbury et al.,
53 2016). Indeed, their structure enhances habitat complexity, increasing the number of
54 ecological niches in sediment they inhabit (Orth et al., 1984). Their leaves reduce
55 hydrodynamics, providing stable hydrological and sedimentary conditions, and
56 enhancing the sedimentation of organic-rich particles (Fonseca and Fisher, 1986;
57 Hemminga and Duarte, 2000). Together with the degradation of the plant material itself,
58 hydrodynamic reduction enhances sediment organic content, allowing seagrass
59 meadows to sustain complex trophic networks (Boström and Bonsdorff, 1997).
60 Moreover, seagrass meadows provide refugia that ultimately reduce predation pressure
61 as compared to bare sediments (Orth et al., 1984), and play a nursery role for numerous
62 species (Heck et al., 2003). Therefore, seagrass meadows stimulate biodiversity and,
63 for instance, can harbour highly diverse and abundant macrobenthic communities
64 (Boström et al., 2006).

65 Seagrasses are facing increasing threats resulting from natural (*e.g.*, hurricanes,
66 diseases, heat stress, grazing by herbivores) (Shields et al., 2019) and anthropogenic
67 (*e.g.*, eutrophication, increase in sediment loading, dredging, pollution, maritime
68 infrastructure development) disturbances (Heuvel et al., 2019; Montefalcone et al.,
69 2019; Orth et al., 2006; Shields et al., 2019; Short et al., 2011), which induce a dramatic
70 global loss of seagrasses (Waycott et al., 2009). In turn, the latter results in a significant
71 benthic biodiversity loss (Calizza et al., 2013; Hemminga and Duarte, 2000; Pillay et
72 al., 2010) and associated function (Duffy, 2006) and profound changes in

73 biogeochemical exchanges at the sediment-water interface (Delgard et al., 2016; Duarte
74 et al., 2005) with far-reaching consequences at the landscape scale (Duffy, 2006; Heck
75 et al., 2008). Numerous studies have compared components of vegetated and bare
76 sediments to assess and forecast the functional impacts of seagrass loss (*e.g.*, Bernard et
77 al., 2014; Boström and Bonsdorff, 1997; Delgard et al., 2013, 2016; Hughes et al., 2002;
78 Pillay et al., 2010). Our understanding of the consequences of seagrass regression,
79 based on comparisons between habitats is most likely biased as it does not fully account
80 for the variability within seagrass meadows. For instance, an increasing number of
81 studies have highlighted spatial heterogeneity in the structure of macrobenthic
82 assemblages mainly due to physical parameters such as shore height, sediment
83 characteristics and salinity (Barnes, 2010; Barnes and Barnes, 2012; Barnes and
84 Ellwood, 2012; Barnes and Hamylton, 2016, 2013; Blanchet et al., 2004; Boström et
85 al., 2011; Yamada et al., 2007). Considering spatial heterogeneity in seagrass meadows
86 is crucial for understanding ecological processes controlling community structures
87 (Burrows et al., 2009), to undertake effective conservation measures (Airoldi et al.,
88 2008; Larkum et al., 2006) and also to better evaluate the impact of climate change on
89 seagrass distribution (Carr et al., 2012; Wilson and Lotze, 2019).

90 Sea ice affects more than 250 000 km of the coastline in the northern
91 hemisphere, (Byrne and Dionne, 2002). It represents a unique feature that plays an
92 important role in littoral ecosystems. Sea ice has a stabilizing effect when completely
93 formed and attached to the shore (*i.e.*, ice foot and fast ice) (Anderson, 1983). Indeed,
94 sea ice protects the coast and intertidal areas from wave action, currents and, eventually,
95 drifting ice (Forbes and Taylor, 1994). It also maintains a relatively stable temperature
96 at the seafloor and thus prevents intertidal invertebrates from experiencing lethal
97 thermal stress (Scrosati and Eckersley, 2007). On the other hand, sea ice increases

98 disturbance levels and profoundly impacts benthic communities during its formation
99 and disintegration (*i.e.*, when not attached to the shore) (Barnes, 1999; Carey, 1991;
100 Conlan et al., 1998; Ellis and Wilce, 1961; Gutt, 2001; Gutt and Starmans, 2001; Smale,
101 2007; Smale et al., 2007). For instance, ice scouring can remove almost all macroalgae
102 and invertebrates of rocky shores in a few days (Petzold et al., 2014). Sea ice also
103 creates original sedimentary structures (Dionne, 1998, 1985; Forbes and Taylor, 1994)
104 and, thus, has an indirect effect on the fauna and flora (Aitken et al., 2008; Conlan et
105 al., 1998). One of the most apparent sedimentary structures in intertidal seagrass
106 meadows are ice-made tidal pools (Dionne, 1985; Fig. 1C). During winter, the sediment
107 column freezes over the first centimeters (Dionne, 1985). Frozen sediments can then
108 bond with ice floes during low tide and be ripped off as tide-level rise. Ice-made tidal
109 pools can be preserved over tens of years or even millennia (Dionne, 1998) thereby
110 increasing landscape heterogeneity not only in space but also in time. Studies on the
111 effects of ice on tidal flats have so far mainly focused on tidal marshes (Dionne, 1989).

112 The goal of this study was to assess the effects of ice-made tidal pools on the
113 macrobenthic community structure in a subpolar seagrass meadow. Sediment
114 characteristics and benthic communities have been characterized within a seagrass
115 meadow in (1) vegetated areas, (2) first-year tidal pools (artificially created), and (3)
116 multi-year ice-made tidal pools (> 2 years old, determined from aerial images taken in
117 2016). It was hypothesised that sea ice disturbance would alter the community structure
118 of benthic macrofauna in seagrass meadows. More specifically, it was expected (1) that
119 ice cover sharply reduced total density, biomass and species richness of the overall
120 benthic macrofaunal community during wintertime with different seasonal dynamics
121 between vegetated areas and tidal pools and (2) a decrease in benthic macrofauna
122 biomass and abundance and alteration of diversity patterns in ice-made tidal pools

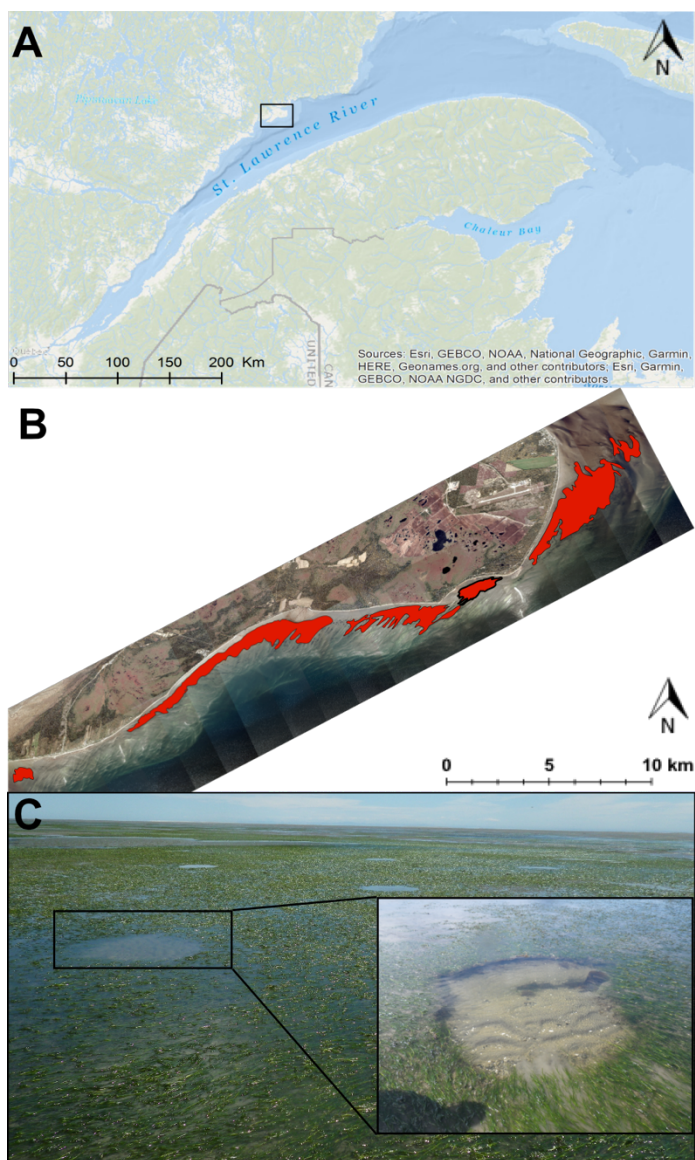
123 relative to vegetated areas. Such changes would result in a decrease of biodiversity at
124 the local scale (*i.e.*, lower α diversity in tidal pools as compared to vegetated areas) and
125 an increase of (i) species turnover (β diversity) and (ii) biodiversity at the landscape
126 scale (γ diversity) by generating diversified benthic communities depending on the
127 occurrence and the age of tidal pools.

128 **2. Materials and methods**

129 *2.1. Study site*

130 This study took place in the Manicouagan peninsula that is located on the north
131 shore of the Lower St. Lawrence estuary (eastern Canada) and is bordered by two rivers
132 (Fig. 1A). The littoral of the Manicouagan peninsula is an open system exposed to
133 currents and waves and ice foot action every winter. This subarctic location has an
134 annual water temperature and salinity range from -2 to 24 °C and 21 to 30, respectively.
135 A semi-diurnal tide characterizes it with an amplitude between 3 and 4.3 m and an
136 intertidal area of 290 km². Sediments consist of fine to medium sand with a trend of
137 finer sediments within a large monospecific and perennial *Zostera marina* meadow
138 (Fig. 1B). This meadow covers about 20 % of the intertidal area and is spreading along
139 the shore around the zero-tidal line. It is, therefore, totally emerged only during monthly
140 spring tides. The seagrass meadow is dense (75 to 100 % of coverage) in the middle of
141 the bed (about 15 % of the seagrass bed) and sparse (0 to 75 % of coverage) at its edge
142 (Fig. 1B). The leaf coverage of this meadow is typically limited to five months from
143 May to October, with a maximum leaf biomass reached in August and leaf senescence
144 starting from September. Seeds on fruiting stems have been observed in July and
145 August. During wintertime (typically five months, from December to April), the ice
146 cover destroys most of the remaining seagrass leaves and remove plots of roots and

147 rhizomes leaving long-lasting sandy tidal pools within the meadow. Ice-made tidal
148 pools have characteristics features such as relatively high depth (typically 20 to 30 cm
149 depth relative to the adjacent vegetated sediment) and diameter (typically 2 m but can
150 exceed 10 m) and a micro-cliff of several centimeters at the boundary with the vegetated
151 area (see Fig. 1C). At the study site, there was no evidence of recolonization of ice-
152 made tidal pools by seagrasses. Using an aerial image from 2016 with a resolution of
153 30 cm (provided by the Canadian Department of Fisheries and Oceans), it has been
154 estimated that within a vegetated area of 7.4 km² (corresponding to the dense bed of *Z.*
155 *marina*), 16.9 % (1.2 km²) of the surface shows evidences of sea ice disturbance (overall
156 classification accuracy of 91 %; see Appendix A, Table A.1).



157

158 **Figure 1:** *Study site.* Location of Manicouagan peninsula (Québec, Canada) in the
159 Saint-Lawrence estuary (A), aerial image of the Manicouagan peninsula, its seagrass
160 meadow (highlighted in red) and the sampling area (circled in black) (B) and
161 representative examples of ice-made tidal pools within the studied seagrass meadow
162 (C). Aerial images (B) were provided by the Canadian Department of Fisheries and
163 Oceans (2016).

164 2.2. *Experimental design and sampling*

165 In April 2018, two days prior the first sampling, 20 artificial tidal pools (aTP; 2
166 m diameter; 0.20 m depth) were dug around the zero-tidal line in a dense area of the
167 seagrass meadow at the study site “Plage Pointe-Paradis” (49°5.5’ N, 68°12.8’ W; Fig.
168 1). Another set of 20 natural tidal pools (nTP) of similar diameter and depth (1.74 to
169 2.37 m of diameter; 0.18 to 0.33 m depth) and at the same tidal level was selected, based
170 on aerial images taken in 2016 (Fig 1C). It was thereby possible to estimate that the
171 nTP selected were at least two-years old. aTP were thus considered as first-year tidal
172 pools and the natural ones as multi-years tidal pools.

173 All sampling activities were done by hand at low tide, in April, June, August,
174 and October 2018. At each sampling date, five aTP, five nTP, and five areas of
175 vegetated sediment (V treatment) at least five meters away from each other were
176 sampled using sediment cores (2.6 cm inner diameter, 10 cm long) and box cores (20 ×
177 20 cm, 10 cm depth). For each replicate (*i.e.*, 15 corresponding to five V, five aTP and
178 five nTP at each sampling date) five sediment cores and one box core were collected.
179 The sediment cores were collected for sediment grain size, porosity (Φ), organic carbon
180 content (OC) and total nitrogen content (TN), sediment pigments (Chl *a* and
181 phaeopigments), and microbial analyses. Sediment from the box cores was sieved on-
182 site onto a 0.5 mm mesh for benthic macrofauna (mainly infauna and low mobility
183 benthic epifauna) sampling. Whenever necessary (*i.e.*, V treatment), macrofauna and
184 seagrass were separated on-site. Six rhizons (Rhizosphere research products®) were
185 inserted to sample sediment porewater at 0.5, 1.5, 2.5, 3.5, 5 and 7 cm depth in each
186 treatment. Replicate samples were pooled in order to obtain enough porewater for
187 further nutrients analysis. Porosity, OC, TN and porewater nutrient samples were stored
188 at –20 °C until analyses. Macrofauna samples were preserved in 250 mL of a 4 %

189 buffered (pH 6.5) formaldehyde solution. Microbial (*e.g.*, bacteria) samples were
190 preserved in 10 mL of 1 % filtered (0.2 μm) and buffered (pH 6.5) formaldehyde
191 solution and stored at 4 °C until further analysis. Pigment samples were stored at –80
192 °C until analysis.

193 2.3. Sediment characteristics

194 The median grain size (D_{50}) of the first ten centimeters of the sediment column
195 was assessed by laser diffraction (Malvern Instruments®, 2 μm detection limit). The
196 sediment porosity (Φ) was also assessed by measuring the loss of water after freeze-
197 drying and corrected for sea salt content. The total nitrogen content (TN) was measured
198 on homogenized, freeze-dried samples using a CHNSO analyzer (Costech ECS 4010
199 CHNSO analyzer®; accuracy < 0.3 %). Organic carbon content (OC) was measured
200 similarly after acidification with 2 M HCl (overnight at 50 °C) to remove carbonates.
201 Pigments of surface sediment (one-centimeter depth) were extracted on two g of
202 subsamples in 10 mL of 90 % acetone for 24 h. Subsamples were then centrifuged at
203 1000 g for 10 min and analysed fluometrically (Turner Designs10AU®) using an
204 acidification step (5 % HCl) to separate chl *a* and phaeopigments (Riaux-Gobin and
205 Klein, 1992). Sediment porewater samples were analysed for dissolved inorganic
206 phosphate (PO_4^{3-}), nitrite + nitrate (NO_x), and ammonium (NH_4^+) (Coverly et al., 2009)
207 using an AutoAnalyzer 3 HR (Seal-analytical®). Stocks of nutrients were estimated by
208 integrating nutrients concentrations between 0 and 8 cm depth and considering the
209 sediment-water content assessed from sediment porosity. Stocks were computed for a
210 sediment surface of 1 m^2 .

211 Seagrass leaves and roots/rhizomes were carefully cleaned, separated and dried
212 at 80 °C until constant mass for estimation of above- and below- ground dry biomasses,
213 respectively. Abundances and fluorescence (as a *proxy* of microbial assemblage

214 structure; Bouvier et al., 2007; Schattenhofer et al., 2011) of extractible sediment
215 bacteria were determined. For each sample, three sequential extractions were
216 performed, allowing for the extraction of at least 95 % of extractible bacteria. 2 mL of
217 100 mM sodium pyrophosphate were added to the subsamples. They were then
218 submitted to sonication (10 min) before being centrifuged for 5 min (3000 g, 20 °C).
219 The supernatants of the three extractions were mixed. Abundances (count mL⁻¹) of
220 extractible bacteria and bacteria fluorescence were then obtained by flow cytometry
221 (CytoFLEX, Beckman Coulter®) following the method of Belzile et al. (2008).

222 *2.4. Macrofauna identification*

223 Macrofauna (epi- and infauna) was sorted and identified to the lowest possible
224 taxonomic level (typically species level) and biomass (wet mass) were determined (\pm
225 0.0001 g). Using this macrofauna dataset, total density, total biomass, species richness
226 and Shannon index and Piéou's evenness were calculated. The trophic group was
227 attributed to each species using the biological traits information catalog (MarLIN,
228 2006).

229 *2.5. Data treatments*

230 Data values are given as mean (\pm SE). Differences in sediment characteristics
231 (*i.e.*, D₅₀, Φ , OC, TN, OC/TN, Chl *a* and phaeopigments), bacteria abundance and
232 fluorescence and total macrofauna density, biomass, number of species (S), Shannon
233 index (H') as α -diversity and Piéou's evenness between treatments (three levels: aTP,
234 nTP and V) and months (four levels: April, June, August and October) were assessed
235 using two-way PERMANOVAs based on Euclidean distance. The design of statistical
236 analyses consisted of two fixed factors (treatment and month) with a third random factor
237 (replicate; n= 5 per treatment and month) nested within treatment and month. In case

238 of a significant effect between fixed factors, pairwise tests were performed to
239 characterize their modalities.

240 β -diversity was determined using the multivariate dispersion of each
241 combination of treatment \times month based on binary Bray-Curtis dissimilarity coefficient
242 (Sorensen dissimilarity) (Anderson, 2006). Differences in spatial β -diversity
243 between treatments for each month was assessed using permutation test. Differences
244 in benthic assemblage structure were assessed using two-way PERMANOVAs (same
245 design as above) based on Bray-Curtis dissimilarity coefficient computed from
246 macrofaunal density and biomass. Taxa observed only once were excluded from the
247 analyses (Clarke and Warwick, 2001). Results of pairwise comparison of
248 PERMANOVAs are given in Appendix B. To visualise the relative differences
249 significant source of variation, non-metric multidimensional scaling ordination
250 (nMDS) plots based on Bray-Curtis dissimilarity coefficient were constructed. The
251 percentage of dissimilarity and the contribution of taxa to the total dissimilarity between
252 groups were calculated using the SIMPER procedure (Clarke, 1993). The statistical
253 significance of the contribution of each taxon to the dissimilarity between groups was
254 assessed using permutation test. Density and biomass data were fourth-square
255 transformed before analyses to minimize the influence of the most dominant taxa. In
256 case of a significant effect between fixed factors, pairwise tests were performed to
257 characterize their modalities. The contributions of environmental factors explaining
258 differences in benthic assemblages (based on density and biomass) were investigated
259 using distance-based redundancy analysis (dbRDA) (Legendre and Anderson, 1999).
260 Environmental data were standardized and checked for co-correlation using Variance
261 Inflation Factor (VIF) values (Environmental factor with VIF < 10 were removed from
262 the environmental data matrix). Stepwise selection was used to build models using

263 Aikaike's information criterion (AIC) for variables selection. Species density and
264 biomass were used as response multivariate data set defined using Bray-Curtis distance
265 amongst samples. The significance of dbRDA overall model, terms and axis were tested
266 using permutation tests. Statistical analyses were conducted using R software (ver.
267 3.5.0) (R Core Team 2018) and relied on "vegan" package (Oksanen et al., 2019).

268 **3. Results**

269 *3.1. Sediment characteristics*

270 The average and standard error values of sediment characteristics are given in
271 Table 1. All sediments consisted of a fine to medium sand (comprised between 145.2
272 and 293.4 μm) with a lower median grain size (D_{50}) in V (growing season mean value
273 = 162.6 μm), intermediate in aTP (growing season mean value = 185.9 μm) and higher
274 in nTP (growing season mean value = 241.7 μm). Sediment porosity (ϕ) only
275 significantly differed between treatments (Table 2) with higher values in V than in aTP
276 (pairwise test, $p < 0.001$) and in nTP (pairwise test, $p < 0.001$). Organic carbon (OC)
277 and total nitrogen (TN) contents significantly differed between treatments and month
278 with a significant interaction between these two factors (Table 2). Overall, OC and TN
279 content were higher in V than in nTP and higher in August and October than in April.
280 OC/TN ratio significantly differed between months (Table 2) with similar values
281 between April and June (pairwise test, $p = 0.956$) intermediate values in August
282 (pairwise test, August vs. April: $p = 0.029$, August vs. June: $p = 0.004$, August vs.
283 October: $p = 0.019$) and higher values in October (pairwise test, October vs. April and
284 October vs. June: $p < 0.001$). Sediment chlorophyll *a* (Chl *a*) content significantly
285 differed between treatments and months with a significant interaction between these
286 two factors (Table 2). Overall, Chl *a* content tended to increase from April to October

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287 and was similar between treatments in April, lower in V than in aTP and nTP in June
288 and August and higher in V intermediate in nTP and lower in aTP in October. Sediment
289 phaeopigments content significantly differed between treatments and months with a
290 significant interaction between these two factors (Table 2). Overall, phaeopigments
291 content increased from April to October with a higher increase for V than aTP and nTP
292 from August to October.

293 **Table 1:** *Sediment characteristics.* Average values of median grain size (D_{50}), porosity (ϕ), organic carbon content (OC), total nitrogen (TN),
 294 organic carbon over total nitrogen ratio (OC/TN), chlorophyll *a* (Chl *a*), phaeopigments and above and below-ground seagrass biomass for each
 295 studied month (April, June, August and October) and treatments (V: vegetated areas; aTP: artificial tidal pools; nTP: natural tidal pools).

| Month | Treatment | D_{50} (μm) | ϕ (volume ratio) | OC (10^{-3} %DW) | TN (10^{-3} %DW) | OC/TN (%/%) | Chl <i>a</i> ($\mu\text{g/g}$) | Phaeopigments ($\mu\text{g/g}$) | Seagrass biomass (g/m^2) | |
|---------|-----------|-------------------------------|--------------------------|------------------------|------------------------|----------------|-------------------------------------|--------------------------------------|--|------------------|
| | | | | | | | | | Above ground | Below ground |
| April | V | 181.2 \pm 1.2 | 0.45 \pm 0.02 | 67.8 \pm 6.4 | 12.4 \pm 1.7 | 5.6 \pm 0.3 | 4.5 \pm 0.1 | 1.0 \pm 0.1 | 26.1 \pm 1.9 | 150.6 \pm 11.0 |
| | aTP | 186.9 \pm 1.3 | 0.36 \pm 0.01 | 58.6 \pm 7.3 | 10.3 \pm 1.2 | 5.7 \pm 0.4 | 4.2 \pm 0.3 | 1.0 \pm 0.2 | -- | -- |
| | nTP | 293.4 \pm 2.1 | 0.37 \pm 0.01 | 44.6 \pm 8.0 | 7.3 \pm 1.4 | 6.4 \pm 1.6 | 4.1 \pm 0.1 | 1.0 \pm 0.1 | -- | -- |
| June | V | 159.1 \pm 1.1 | 0.48 \pm 0.00 | 87.1 \pm 12.8 | 15.0 \pm 1.6 | 5.8 \pm 0.4 | 6.5 \pm 0.2 | 1.6 \pm 0.1 | 53.7 \pm 3.3 | 172.6 \pm 15.6 |
| | aTP | 191.4 \pm 1.1 | 0.41 \pm 0.01 | 61.2 \pm 8.2 | 11.3 \pm 1.3 | 5.4 \pm 0.3 | 7.2 \pm 0.1 | 1.6 \pm 0.1 | -- | -- |
| | nTP | 231.8 \pm 2.1 | 0.43 \pm 0.01 | 61.3 \pm 2.8 | 10.7 \pm 0.5 | 5.7 \pm 0.1 | 7.7 \pm 0.3 | 1.5 \pm 0.1 | -- | -- |
| August | V | 164.9 \pm 1.2 | 0.48 \pm 0.01 | 169.0 \pm 11.7 | 21.5 \pm 0.4 | 7.9 \pm 0.5 | 8.1 \pm 0.4 | 1.9 \pm 0.2 | 229.8 \pm 7.8 | 212.9 \pm 10.4 |
| | aTP | 177.8 \pm 1.3 | 0.43 \pm 0.01 | 96.8 \pm 12.7 | 14.2 \pm 2.9 | 7.1 \pm 0.4 | 9.1 \pm 0.9 | 1.9 \pm 0.3 | -- | -- |
| | nTP | 198.8 \pm 1.4 | 0.41 \pm 0.00 | 93.0 \pm 9.2 | 13.5 \pm 1.4 | 6.9 \pm 0.1 | 8.2 \pm 0.3 | 1.9 \pm 0.1 | -- | -- |
| October | V | 145.2 \pm 1.0 | 0.47 \pm 0.02 | 132.0 \pm 7.3 | 16.8 \pm 0.6 | 7.9 \pm 0.3 | 9.1 \pm 0.6 | 3.5 \pm 0.4 | 79.4 \pm 16.0 | 536.1 \pm 78.1 |
| | aTP | 187.6 \pm 1.3 | 0.40 \pm 0.02 | 85.7 \pm 13.9 | 9.1 \pm 1.2 | 9.4 \pm 0.6 | 6.1 \pm 1.0 | 2.9 \pm 0.1 | -- | -- |
| | nTP | 242.6 \pm 1.4 | 0.42 \pm 0.01 | 97.3 \pm 7.6 | 11.3 \pm 1.3 | 8.8 \pm 0.8 | 7.6 \pm 0.7 | 2.4 \pm 0.7 | -- | -- |

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297 **Table 2:** *Data treatment.* PERMANOVA results of Treatments and Months effects on sediment characteristics (median grain size (D_{50}), porosity
 298 (ϕ), organic carbon content (OC), total nitrogen (TN), organic carbon over total nitrogen ratio (OC/TN), chlorophyll *a* (Chl *a*), phaeopigments,
 299 bacteria (Bact.) abundance and fluorescence), univariate index or macrofauna community (Total macrofauna density and biomass, species richness,
 300 Shannon diversity index (H') and Piélou's evenness (J)) and multivariate community structure based on macrofauna density and biomass. Values
 301 in bold indicate significant effect.

| Source | Treatments | | | | Months | | | | Treatments \times Months | | | | Residuals | | Total | |
|---------------------------------|------------|----------------------|---------|------------------|--------|----------------------|--------|------------------|----------------------------|----------------------|--------|------------------|-----------|----------------------|-------|----------------------|
| | df | SS | F | p | df | SS | F | p | df | SS | F | p | df | SS | df | SS |
| Sediment characteristics | | | | | | | | | | | | | | | | |
| <i>D₅₀</i> | 2 | 65954 | 3279.76 | 0.001 | 3 | 12887 | 427.24 | 0.001 | 6 | 14006 | 232.17 | 0.001 | 48 | 483 | 59 | 93330 |
| ϕ | 2 | 0.06 | 40.55 | 0.001 | 3 | 0.02 | 1.954 | 0.100 | 6 | 0.01 | 1.09 | 0.374 | 48 | 0.03 | 59 | 0.12 |
| OC | 2 | 0.02 | 40.81 | 0.001 | 3 | 0.04 | 51.26 | 0.001 | 6 | 0.01 | 4.8 | 0.001 | 48 | 0.01 | 59 | 0.08 |
| TN | 2 | $3.98 \cdot 10^{-4}$ | 36.91 | 0.001 | 3 | $3.15 \cdot 10^{-4}$ | 19.51 | 0.001 | 6 | $7.50 \cdot 10^{-5}$ | 2.32 | 0.049 | 48 | $2.59 \cdot 10^{-4}$ | 59 | $1.05 \cdot 10^{-3}$ |
| OC/TN | 2 | 0.35 | 0.22 | 0.824 | 3 | 88.55 | 36.48 | 0.001 | 6 | 10.33 | 2.13 | 0.068 | 48 | 38.83 | 59 | 138.07 |
| Chl <i>a</i> | 2 | 14.79 | 7.05 | 0.002 | 3 | 213.55 | 67.9 | 0.001 | 6 | 56.58 | 9.0 | 0.001 | 48 | 50.33 | 59 | 335.25 |
| Phaeopigments | 2 | 4.28 | 5.33 | 0.005 | 3 | 20.38 | 16.89 | 0.001 | 6 | 6.47 | 2.68 | 0.025 | 48 | 19.3 | 59 | 50.43 |
| Bact. abundance | 2 | $4.49 \cdot 10^{17}$ | 19.45 | 0.001 | 3 | $3.18 \cdot 10^{17}$ | 9.17 | 0.001 | 6 | $4.82 \cdot 10^{16}$ | 0.7 | 0.65 | 48 | $5.55 \cdot 10^{17}$ | 59 | $1.37 \cdot 10^{18}$ |
| Bact. fluorescence | 2 | 0.05 | 23.62 | 0.001 | 3 | 0.13 | 44.36 | 0.001 | 6 | 0.005 | 0.78 | 0.593 | 48 | 0.05 | 59 | 0.23 |
| Univariate index | | | | | | | | | | | | | | | | |
| Total density | 2 | $1.82 \cdot 10^7$ | 13.61 | 0.001 | 3 | $3.8 \cdot 10^7$ | 18.91 | 0.001 | 6 | $1.45 \cdot 10^7$ | 3.6 | 0.007 | 48 | $3.22 \cdot 10^7$ | 59 | $1.03 \cdot 10^8$ |
| Total biomass | 2 | 12037 | 0.41 | 0.686 | 3 | 185410 | 4.22 | 0.008 | 6 | 42055 | 0.48 | 0.828 | 48 | 703747 | 59 | 943248 |
| Species number | 2 | 0.9 | 17.38 | 0.001 | 3 | 3.04 | 39.35 | 0.001 | 6 | 0.69 | 4.45 | 0.001 | 48 | 1.24 | 59 | 5.86 |
| H' | 2 | 3.87 | 23.07 | 0.001 | 3 | 10.19 | 40.5 | 0.001 | 6 | 0.93 | 1.85 | 0.110 | 48 | 4.03 | 59 | 19.02 |
| J | 2 | 0.25 | 5.36 | 0.004 | 3 | 1.04 | 15.07 | 0.001 | 6 | 0.68 | 4.93 | 0.002 | 48 | 1.1 | 59 | 3.06 |
| Community structure | | | | | | | | | | | | | | | | |
| Density | 2 | 2.62 | 15.75 | <0.001 | 3 | 6.02 | 24.11 | <0.001 | 6 | 3.38 | 6.78 | <0.001 | 48 | 3.99 | 59 | 16.02 |

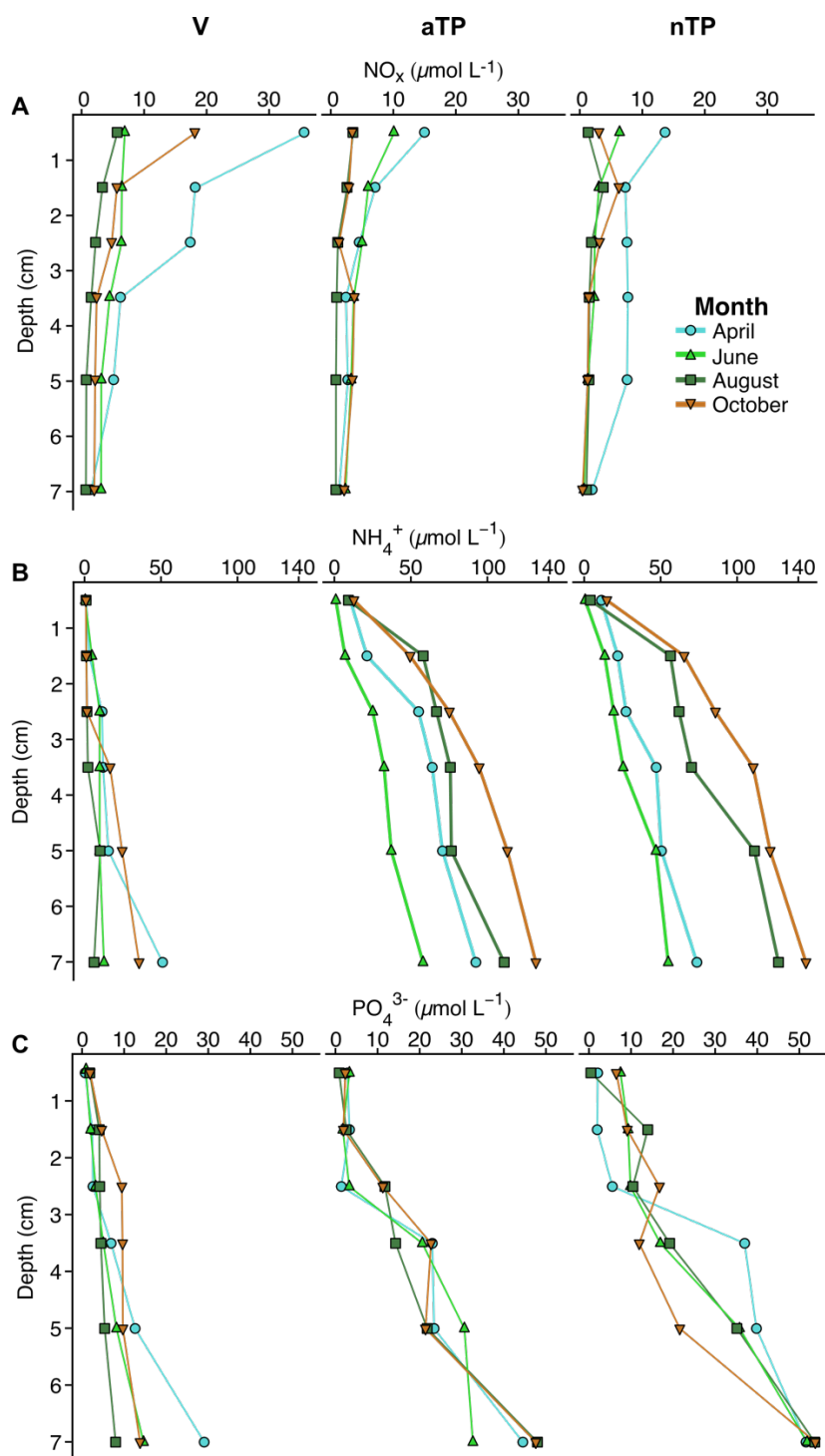
The published version can be found at: <https://doi.org/10.1016/j.ecss.2020.106898>

| | | | | | | | | | | | | | | | | |
|----------------|---|-----|-------|--------|---|------|-------|--------|---|------|------|--------|----|------|----|-------|
| <i>Biomass</i> | 2 | 2.7 | 13.02 | <0.001 | 3 | 5.62 | 18.07 | <0.001 | 6 | 2.66 | 4.27 | <0.001 | 48 | 4.98 | 59 | 15.96 |
|----------------|---|-----|-------|--------|---|------|-------|--------|---|------|------|--------|----|------|----|-------|

302

303 Nutrient porewater profiles are depicted in Fig. 2. Nitrite + Nitrate (NO_x) porewater
304 concentrations reached maxima values close to the sediment surface (*i.e.*, between 0.5 and 1.5
305 cm depth) and decrease before to reach relatively constant (between 7.65 and 0.82 $\mu\text{mol L}^{-1}$)
306 concentrations at 2.5 to 3.5 cm depth. In each treatment, the upper part of the profile of NO_x
307 concentration showed seasonal changes with higher values in April (14.89, 13.60 and 35.65
308 $\mu\text{mol L}^{-1}$ at 0.5 cm depth in aTP, nTP and V, respectively), a decrease until August (3.43, 1.28
309 and 5.71 $\mu\text{mol L}^{-1}$ at 0.5 cm depth in aTP, nTP and V, respectively) and an increase (except
310 for aTP) from August to October (3.33, 3.02 and 18.14 $\mu\text{mol L}^{-1}$ at 0.5 cm depth in aTP, nTP
311 and V, respectively). These seasonal changes were more marked in V than in aTP and nTP.
312 aTP and nTP showed similar ammonium (NH_4^+) concentration profiles with minimum
313 concentration at 0.5 cm depth between 0.95 and 14.55 $\mu\text{mol L}^{-1}$ and constant increase with
314 depth to reach a maximum value at 7 cm depth. Seasonal changes in these two treatments were
315 more marked at depth than close to the sediment surface. A decrease of NH_4^+ concentration
316 was observed between April and June (from 92.35 to 57.85 $\mu\text{mol L}^{-1}$ and from 73.38 to 54.68
317 $\mu\text{mol L}^{-1}$ in aTP and nTP respectively), an increase to reach maximum concentration in October
318 (131.54 and 144.56 in aTP and nTP respectively). NH_4^+ concentrations in V were lower than
319 in aTP and nTP with values ranging between 0.01 and 0.59 $\mu\text{mol L}^{-1}$ at 0.5 cm depth and
320 between 5.80 and 50.51 $\mu\text{mol L}^{-1}$ at 7 cm depth. NH_4^+ concentration profiles in V also tended
321 to increase with depth but to a much lower extend than in aTP and nTP. Seasonal changes were
322 also less marked in V than in aTP and nTP with higher values at 7 cm depth in April (50.51
323 $\mu\text{mol L}^{-1}$) a decrease until August (5.80 $\mu\text{mol L}^{-1}$) and an increase from August to October
324 (35.19 $\mu\text{mol L}^{-1}$). aTP and nTP showed similar phosphate (PO_4^{3-}) concentration profiles with

325 minimum and relatively constant concentrations close to sediment surface (between 0.5 and
326 1.5 to 2.5 cm depth) between 0.43 and 7.48 $\mu\text{mol L}^{-1}$ and constant increase with depth to reach
327 a maximum value at 7 cm depth between 32.61 and 53.65 $\mu\text{mol L}^{-1}$. There were no clear
328 seasonal changes in these two treatments. PO_4^{3-} concentrations in V were lower than in aTP
329 and nTP with values ranging between 0.71 and 1.88 $\mu\text{mol L}^{-1}$ at 0.5 cm depth and between 7.96
330 and 29.00 $\mu\text{mol L}^{-1}$ at 7 cm depth. PO_4^{3-} concentration profiles in V also tended to increase
331 with depth but to a much lower extend than in aTP and nTP. However, PO_4^{3-} concentration at
332 7cm showed seasonal changes in V with higher value in April (29.00 $\mu\text{mol L}^{-1}$), a decrease
333 until August (7.96 $\mu\text{mol L}^{-1}$) and an increase from August to October (13.76 $\mu\text{mol L}^{-1}$).

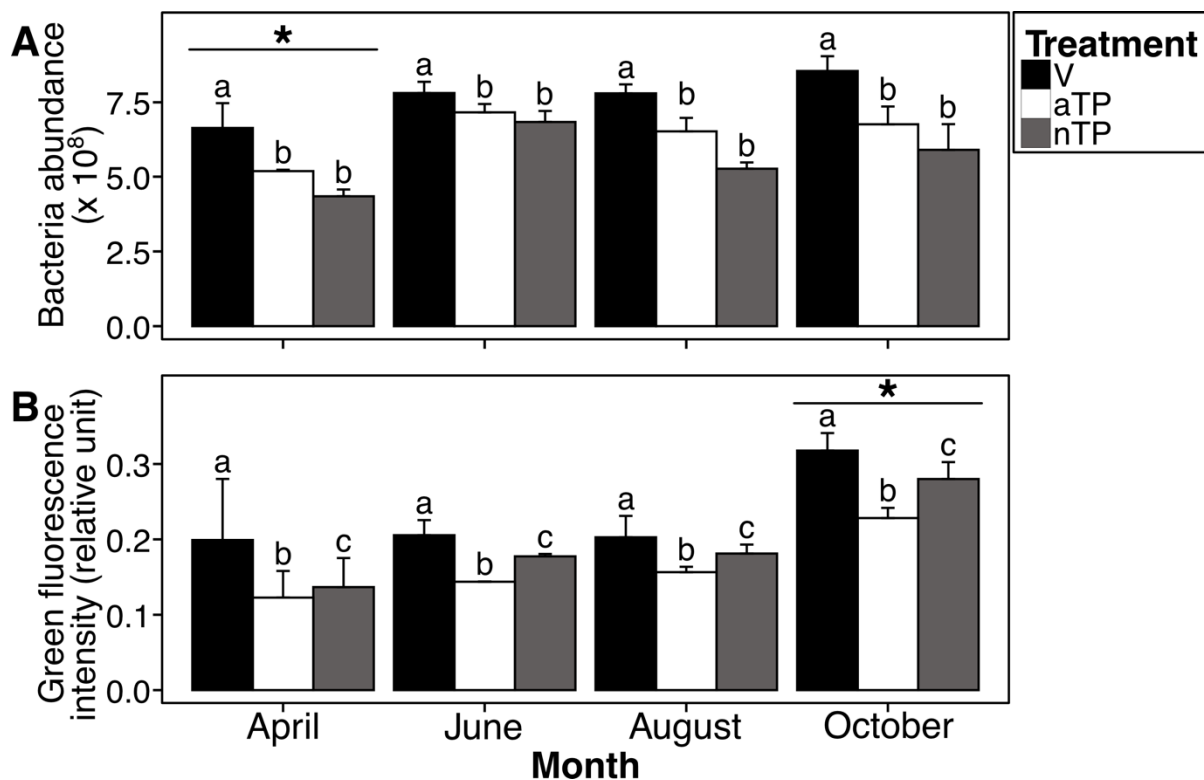


334

335 **Figure 2:** *Porewater*. Depth profiles of NO_x ($\text{NO}_2 + \text{NO}_3^-$) (A), NH_4^+ (B) and PO_4^{3-} (C)

336 measured in (V) vegetated sediments, (aTP) artificial tidal pools and (nTP) natural tidal pools.

337 Sediment bacteria abundance significantly differed among treatments (Table 2) with
338 higher values in V than in aTP (pairwise test, $p = 0.001$) and in nTP (pairwise test, $p < 0.001$)
339 and similar values in aTP and in nTP (pairwise test, $p = 0.052$) (Fig. 3A). Sediment bacteria
340 abundance also significantly differed among months with lower values in April than in June
341 (pairwise test, $p < 0.001$), August (pairwise test, $p = 0.028$) and October (pairwise test, $p <$
342 0.001). June, August and October did not significantly differ in sediment bacteria abundance
343 (pairwise test, $p > 0.05$ in all cases). Sediment bacteria fluorescence significantly differed
344 between treatments (Table 2) with higher values in V than in aTP (pairwise test, $p < 0.001$)
345 and in nTP (pairwise test, $p = 0.013$) and higher values in nTP than in aTP (pairwise test, $p =$
346 0.009) (Fig. 3B). Sediment bacteria fluorescence also significantly differed between months
347 (Table 2) with higher values in October (pairwise test, $p < 0.001$ in all cases). Months of April,
348 June and August did not significantly differ in sediment bacteria fluorescence (pairwise test, p
349 > 0.05 in all cases).



350
 351 **Figure 3:** *Bacteria*. Mean (\pm SE) abundance (count mL⁻¹) (A) and fluorescence (relative unit)
 352 (B) of extractible bacteria in the sediment column. V: vegetated area, aTP: artificial tidal pool,
 353 nTP: natural tidal pool. Different letters indicate significant (pairwise test, $p < 0.05$) differences
 354 between treatments. * indicates significant (pairwise test, $p < 0.05$) differences between
 355 months.

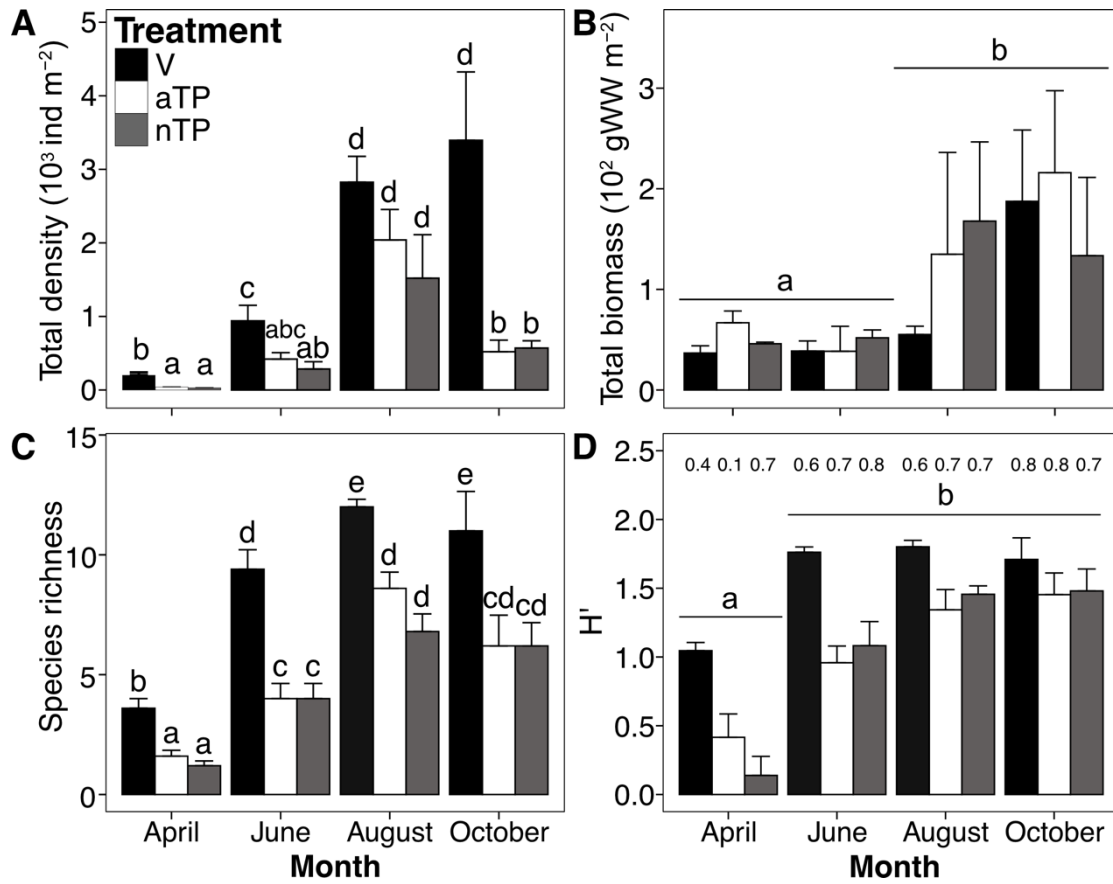
356 Total seagrass biomass (V treatment) increased from April to October. Seagrass
357 leaves biomass represented 14.8, 23.7, 51.9 and 12.9 % of the total biomass in April,
358 June, August and October, respectively (Table 1).

359 3.2. Macrobenthic community characteristics

360 A total of 3 675 individuals, from 60 stations (*i.e.* 3 treatments \times 5 replicates \times
361 4 months) were sorted and 24 taxa were identified. After removing taxa observed only
362 once (*Spio cf. theeli*, *Cistenides granulata*, *Scoloplos* sp. and *Pygospio* sp.
363 corresponding to 17 % of the total number of species) the data matrix still gathered 99.9
364 % of total abundance. This resulted in a data matrix of 60 stations \times 20 species.

365 3.2.1. Density, biomass, richness and diversity

366 Means and standard errors of total density and biomass, species richness, and
367 Shannon diversity index of macrobenthic fauna are depicted in Fig. 4. Total density
368 significantly differed between treatments and months with a significant interaction
369 between these two factors (Table 2 and Fig. 4A). Total density was overall higher in V
370 than in aTP and nTP (except in August where values did not significantly differ) (Fig.
371 4A). Total density within V significantly increased between April and June and then
372 tended to increase from June to October. At each month, there was no significant
373 difference in total density between aTP and nTP (Fig. 4A). Total density within these
374 two treatments significantly differed between months with lower values in April,
375 intermediate in June and October and higher in August (Fig. 4A).



376

377 **Figure 4:** *Univariate descriptors.* Mean (\pm SE) total density (A). biomass of
 378 macrofauna (B). number of species (C) and Shannon index (H') with Pielou's evenness
 379 values in each treatment and at each sampling month. Different letters indicate
 380 significant (pairwise test, $p < 0.05$) differences between combinations of treatments (V:
 381 vegetated areas. aTP: artificial tidal pools. nTP: natural tidal pools) and months. Lines
 382 indicate significant (pairwise test, $p < 0.05$) differences between months.

383

384 Total biomass only significantly differed between months (Table 2) with higher
 385 total biomass in October and August than in April (pairwise test, October vs. April: $p =$
 386 0.014; August vs. April: $p = 0.043$) and June (pairwise test, October vs. June: $p = 0.006$;
 387 August vs. June: $p = 0.046$) (Fig. 4B).

388 Species richness significantly differed between treatments and months with a
 389 significant interaction between these two factors (Table 2 and Fig. 4C). Species richness

390 was overall higher in V than in aTP and nTP without significant differences between
391 the latter two (Fig. 4C). Species richness tended to increase from April to August and
392 stabilized until October in every treatment (Fig. 4C).

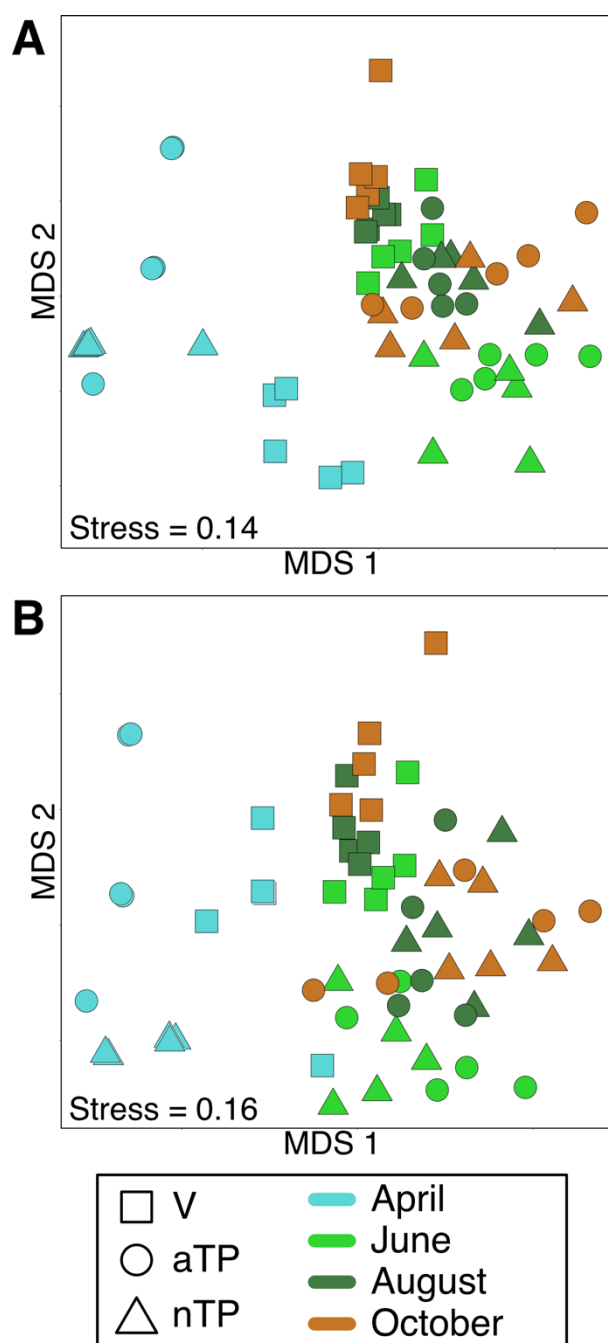
393 Shannon diversity index (α diversity) significantly differed between treatments
394 and months (Table 2 and Fig. 4D). Shannon diversity index was overall higher in V
395 than in aTP and nTP and it was lower in April than in June, August and October (Fig.
396 4D). Pielou's evenness index significantly differed between treatments and months
397 with a significant interaction between these two factors (Table 2 and Fig. 4D).
398 Differences were due to relatively low Pielou's evenness index in ice-made tidal pool
399 in April (0.4 and 0.1 for aTP and nTP, respectively) as compared to values (between
400 0.6 and 0.8) of all other combination of treatments and months (Fig. 4D).

401 β diversity did not significantly differ between treatments in April (permutation
402 test, $F = 2.383$, $p = 0.137$), June (permutation test, $F = 0.0097$, $p = 0.989$), August
403 (permutation test, $F = 0.9317$, $p = 0.409$), and October (permutation test, $F = 0.9444$, p
404 $= 0.416$).

405 3.2.2. Community structure

406 The results of non-metric multidimensional scaling (nMDS) based on density
407 data matrix suggested that species assemblages differed between treatments and months
408 (Fig. 5A). PERMANOVA results confirmed this, showing significant interaction effect
409 of treatments and months on the mean species assemblages (Table 4). Overall, there
410 were clear differences between (1) April and the other months for each treatment in
411 terms of mean species assemblage and (2) V and tidal pools (*i.e.* aTP and nTP) (Fig.
412 5A and Table S3). Macrofauna biomasses also differed between treatments and months
413 (Fig. 5B). This was also confirmed by PERMANOVA results showing significant
414 interaction effect of treatments and months on the mean species assemblage (Table 2).

415 Macrofaunal biomass species assemblage showed an overall pattern similar to the
416 one for density (Table S1 and S2).



417

418 **Figure 5:** MDS. Non-metric multidimensional scaling ordination of macrofauna
419 composition based on fourth root-transformed data of density (A) and biomasses (B).
420 V: vegetated area; aTP: artificial tidal pool; nTP: natural tidal pool.

421 SIMPER analysis based on macrofaunal density showed that, overall,
422 dissimilarities between V and tidal pools (*i.e.*, aTP and nTP) were mostly due to

423 Oligochaetes, the three polychaetes *Paraexogon hebes*, *Spio filicornis* and *Diplolydora*
424 *socialis* gr., the two amphipods *Gammarus oceanicus* and *Phoxocephalus holbolli*, the
425 Isopod *Jaera (Jaera) albifrons*, the two bivalves *Limecola (as Macoma) balthica* and
426 *Mytilus* sp. and the two gastropods *Littorina obusata* and *L. saxatilis* (Table 3). Overall,
427 dissimilarities between aTP and nTP were mostly due to the polychaetes *Alitta virens*
428 and *Arenicola marina*, the amphipod *G. lawrencianus* and *Wecomedon* (as
429 *Psammonyx) nobilis* and the bivalve *L. balthica* (Table 3). SIMPER analysis based on
430 macrofaunal biomasses showed a similar overall pattern relative to the one calculated
431 for macrofaunal density; the exceptions were the Polychaete *A. virens* which
432 contributed significantly to the dissimilarity between V and aTP in addition to the
433 dissimilarity between aTP and nTP, *A. marina* which did not contribute significantly to
434 the dissimilarity between aTP and nTP and *L. balthica* which did not contribute to
435 dissimilarities between treatments (Table 3).

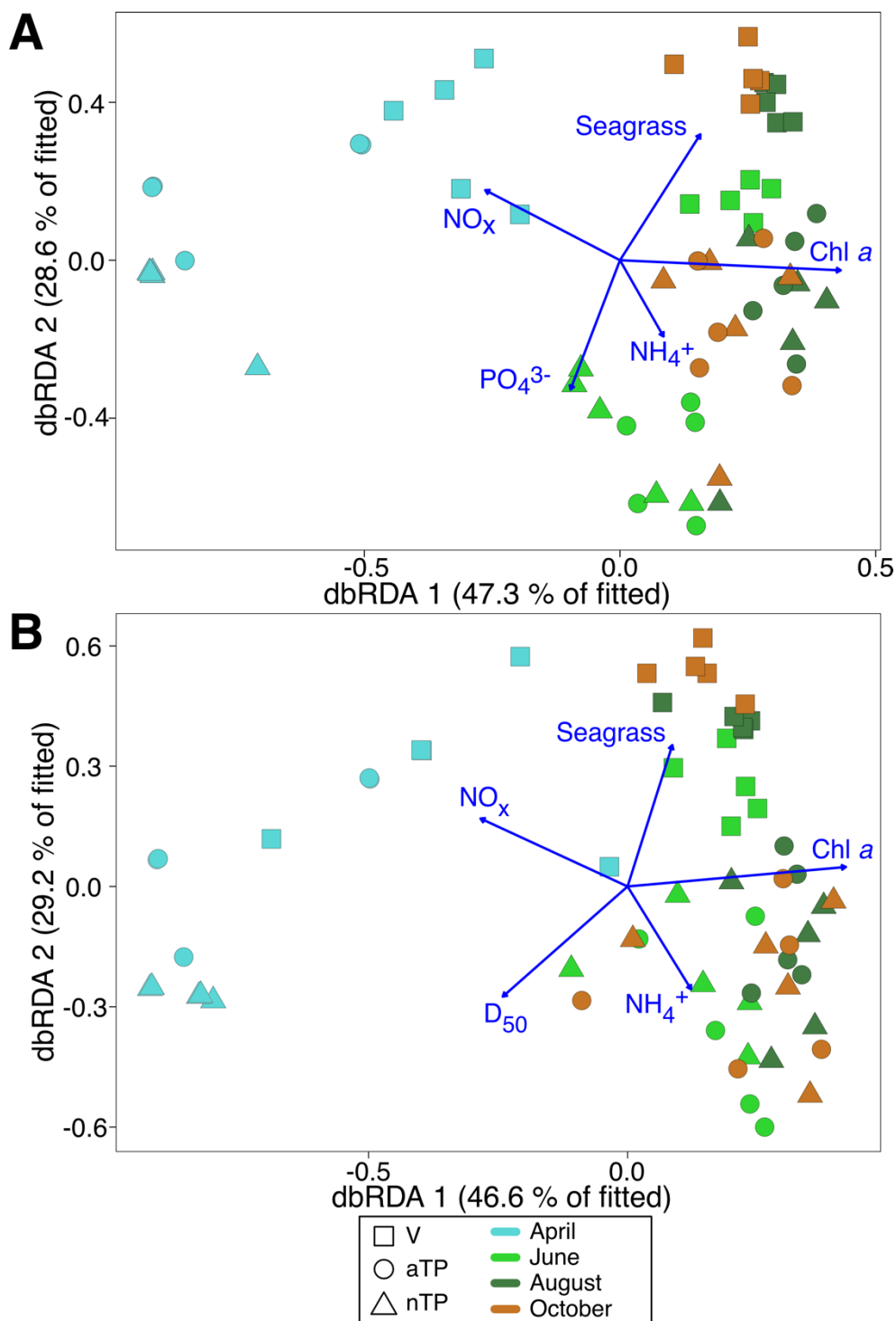
The published version can be found at: <https://doi.org/10.1016/j.ecss.2020.106898>

436 **Table 3: SIMPER analyses.** List of species with their mean density, biomass and contribution to dissimilarity between treatments (aTP: artificial
 437 tidal pool. nTP: natural tidal pool. V: vegetated area). The five-dominant species in terms of density, biomass and contribution to dissimilarity
 438 (SIMPER analyses) between treatments are in bold. (O): Oligochaete; (P): Polychaete; (A) Amphipod; (I): Isopod; (B): Bivalve; (G): Gastropod;
 439 (N): Nemerts; (S): Sipunculids. e indicates epifauna. other species are infauna. Trophic groups: DF: deposit feeder; P: predator; S: scavenger; G:
 440 grazer; SF: suspension feeder. * indicates significant contribution

| Taxon | Trophic group | Density (ind. m ⁻²) | | | Biomass (gWW m ⁻²) | | | % contribution to dissimilarity between groups | | | | | | | | | | | |
|---|---------------|---------------------------------|--------------|--------------|--------------------------------|-------------|-------------|--|---|-----------|---|-------------|-----------------------|-----------|---|-----------|---|-------------|---|
| | | | | | | | | Density (fourth-root) | | | | | Biomass (fourth-root) | | | | | | |
| | | V | aTP | nTP | V | aTP | nTP | V vs. aTP | p | V vs. nTP | p | aTP vs. nTP | p | V vs. aTP | p | V vs. nTP | p | aTP vs. nTP | p |
| Oligochaetes (O) | DF | 293.8 | 32.5 | 36.3 | 0.1 | 0.0 | 0.0 | 8.4 | * | 8.5 | * | 7.2 | | 2.98 | * | 3.05 | * | 2.18 | |
| <i>Parexogone hebes</i> (P) | P | 48.8 | 15.0 | 0.0 | 0.0 | 0.0 | 0.0 | 4.6 | * | 4.3 | * | 2.5 | | 1.42 | * | 1.35 | * | 0.64 | |
| <i>Alitta virens</i> (P) | P | 48.8 | 8.8 | 2.5 | 3.8 | 10.3 | 0.0 | 5.5 | | 5.3 | | 7.4 | * | 8.84 | * | 6.83 | | 9.14 | * |
| <i>Nephtys caeca</i> (P) | P | 22.5 | 11.3 | 1.5 | 16.8 | 11.7 | 13.2 | 4.8 | | 4.9 | | 6.3 | | 11.34 | | 11.74 | | 12.15 | |
| <i>Spio filicornis</i> (P) | DF | 12.5 | 1.3 | 2.5 | 0.0 | 0.0 | 0.0 | 4.1 | * | 4.2 | * | 1.3 | | 1.59 | * | 1.67 | * | 0.52 | |
| <i>Eteone longa</i> (P) | P | 25.0 | 8.8 | 13.8 | 0.1 | 0.0 | 0.1 | 4.1 | | 4.2 | | 4.2 | | 2.57 | | 2.84 | | 2.51 | |
| <i>Arenicola marina</i> (P) | DF | 2.5 | 5.0 | 8.8 | 1.1 | 15.5 | 12.8 | 2.6 | | 4.0 | | 7.7 | * | 5.85 | | 8.94 | | 4.06 | |
| <i>Dipolydora socialis gr.</i> (P) | DF | 6.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 1.2 | * | 1.2 | * | 0.0 | | 0.57 | * | 0.59 | * | 0 | |
| <i>Gammarus lawrencianus</i> (A) ^e | S | 52.5 | 368.8 | 175.0 | 0.11 | 1.2 | 0.6 | 7.6 | | 6.7 | | 13.1 | * | 5.88 | * | 9.15 | | 7.47 | * |
| <i>Gammarus oceanicus</i> (A) ^e | G | 156.3 | 0.0 | 0.0 | 5.4 | 0.0 | 0.0 | 7.1 | * | 7.1 | * | 0.9 | | 8.74 | * | 5.31 | * | 0.4 | |
| <i>Wecomedon nobilis</i> (A) ^e | S | 5.0 | 82.5 | 56.3 | 0.1 | 7.8 | 4.9 | 7.0 | | 6.3 | | 10.9 | * | 9.27 | | 7.88 | | 11.38 | * |
| <i>Phoxocephalus holbolli</i> (A) ^e | S | 11.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 1.3 | * | 1.3 | * | 0.0 | | 0.78 | * | 0.8 | * | 0 | |
| <i>Jaera (Jaera) albifrons</i> (I) ^e | G | 80.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 3.4 | * | 3.4 | * | 0.0 | | 1.31 | * | 1.33 | * | 0 | |
| <i>Limecola balthica</i> (B) | DF | 563.8 | 85.0 | 165.0 | 9.0 | 2.6 | 2.6 | 9.3 | * | 9.4 | * | 11.7 | * | 8.11 | | 8.09 | | 8.71 | |
| <i>Mytilus sp.</i> (B) ^e | SF | 58.8 | 36.3 | 21.3 | 35.3 | 1.0 | 0.7 | 6.8 | * | 7.1 | * | 5.4 | | 8.37 | * | 8.63 | * | 4.32 | |
| <i>Mya arenaria</i> (B) | SF | 55.0 | 57.5 | 56.3 | 1.8 | 61.5 | 68.9 | 5.5 | | 5.5 | | 9.3 | | 7.97 | | 9.05 | | 14.89 | |
| <i>Littorina saxatilis</i> (G) ^e | G | 330.0 | 37.5 | 47.5 | 1.9 | 0.2 | 0.5 | 8.7 | * | 8.8 | * | 7.0 | | 6.67 | * | 6.84 | * | 4.24 | |
| <i>Littorina obusata</i> (G) ^e | G | 62.5 | 2.5 | 5.0 | 0.4 | 0.0 | 0.5 | 6.5 | * | 6.5 | * | 2.7 | | 3.73 | * | 4.15 | * | 2.31 | |
| Nemerteans (N) | P | 3.8 | 1.3 | 0.0 | 1.5 | 3.2 | 0.0 | 0.9 | | 0.4 | | 1.2 | | 3.38 | | 0.93 | | 3.83 | |
| Sipunculans (S) | DF | 1.3 | 1.3 | 2.5 | 0.0 | 0.1 | 0.1 | 0.6 | | 0.9 | | 1.3 | | 0.63 | | 0.83 | | 1.25 | |

441

442 After verification of co-correlation using VIF and a stepwise analysis, only the
443 variables Chl *a*, NO_x, seagrass biomass, PO₄³⁻ and NH₄⁺ were used in the model to
444 construct the dbRDA based on macrofaunal density (Permutation ANOVA, F = 11.534,
445 p < 0.001). This model explained 49.1 % of the total variation and the first two axes of
446 dbRDA explained 47.3 and 28.6 %, respectively, of the variation of fitted model (Fig.
447 6A). The highest sources of variability were Chl *a* followed by NO_x on the axis dbRDA
448 1 and seagrass followed by PO₄³⁻ on the axis dbRDA 2, showing the importance of
449 these variables for density-based species assemblages.



450

451 **Figure 6:** *dbRDA analyses*. Distance-based redundancy analysis ordinations of the
 452 combination of sampled treatments and months based on macrofaunal density (A) and
 453 biomass (B). Selected environmental parameters after checked for co-correlation are
 454 depicted by blue arrows. V: vegetated areas; aTP: artificial tidal pools; nTP: natural
 455 tidal pools

456

457 As above, after verification of co-correlation using VIF and a stepwise analysis,
458 only the variables Chl *a*, seagrass biomass, D₅₀, NO_x and NH₄⁺ were used in the model
459 to construct the dbRDA based on macrofaunal biomasses (Permutation ANOVA, F =
460 10.848, p < 0.001). This model explained 45.5 % of the total variation, and the first two
461 axes of dbRDA explained 46.6 and 28.2 %, respectively, of the variation of fitted model
462 (Fig. 6B). The highest sources of variability were Chl *a* followed by NO_x on the axis
463 dbRDA 1 and seagrass followed by D₅₀ and NH₄⁺ on the axis dbRDA 2, showing the
464 importance of these variables for biomass-based species assemblages.

465 **4. Discussion**

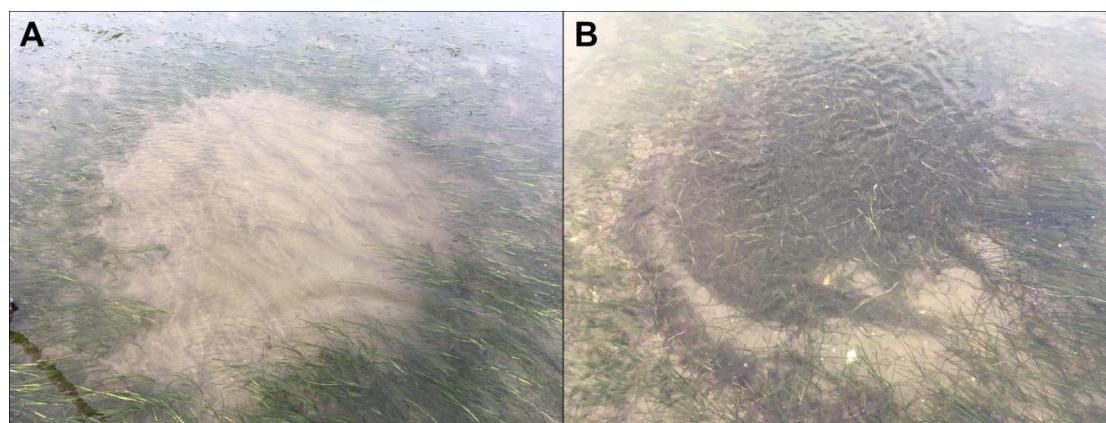
466 *4.1. Community structure*

467 Mean macrofauna densities (ranging from 316.7 ind. m⁻² in April to 3 400 ind.
468 m⁻² in October) and species richness (ranging from 1.6 species m⁻² in April to 12.2
469 species m⁻² in August) of the seagrass meadow of Manicouagan peninsula were
470 consistent with those reported by Lalumière et al. (1994) in seagrass meadows in James
471 Bay (Canada) but relatively low compared to those found for other seagrass meadows
472 of the Northern Atlantic (typically ranging from 2 000 to 30 000 ind. m⁻² and 10 to 60
473 species m⁻²; Blanchet et al., 2004; Boström and Bonsdorff, 1997; Boyé et al., 2017;
474 Orth, 1973; Tu Do et al., 2011). Relatively low species richness and abundance in
475 subpolar and polar areas are mainly due to the short duration of the growing season and
476 the harshness of the climate (Lalumière et al., 1994; Mattila et al., 1999; Setchell, 1935;
477 Virnstein et al., 1984).

478 The seagrass meadow of the Manicouagan peninsula exhibits a heterogeneous
479 landscape with vegetated areas intercepted by ice-made tidal pools representing almost

480 17 % of the meadow's surface as estimated on aerial images (Fig. 1B). Our results
481 showed that species assemblages in tidal pools (aTP and nTP) were significantly
482 different from the ones in vegetated areas. These differences in species assemblages
483 were mainly correlated to the occurrence of seagrass, lower stocks of NH_4^+ and PO_4^{3-}
484 in vegetated areas, and coarser sediments in tidal pools (Fig. 6). Such differences
485 between vegetated areas and tidal pools can be explained by the fact that during the
486 formation of a tidal pool by sea ice, several centimeters of the sediment column are
487 removed as well as seagrass roots and rhizomes. Ice-made tidal pools act then as a small
488 catchment basin for detritus such as seagrass leaves (Figure 7), shells and small pieces
489 of wood (Dionne, 1998, 1985). This probably reduces light penetration and increase the
490 concentration of reduced solutes (*e.g.*, NH_4^+ , H_2S) in the sediment through detritus
491 decomposition in tidal pools. Additionally, ice-made tidal pools increase the difference
492 in sediment texture, which becomes coarser than in the vegetated area by getting closer
493 to the adjacent bare surfaces. Altogether, this generates adverse conditions for seagrass
494 growth and seeds germination, preventing tidal pools from recolonization by seagrass.
495 Nutrients consumption by plants can explain lower porewater NH_4^+ and PO_4^{3-}
496 concentrations measured in vegetated areas. Seagrasses have also the ability to transfer
497 oxygen to below-ground tissues (Borum et al., 2006) where radial loss of oxygen from
498 roots occurs (Frederiksen and Glud, 2006), increasing nitrification rates and enhancing
499 the precipitation of iron-oxyhydroxide and associated PO_4^{3-} (Deborde et al., 2008;
500 Delgard et al., 2013). Enhancing nitrification rates is consistent with the higher NO_x
501 and the lower NH_4^+ porewater concentrations in V than in aTP and nTP (Fig. 2A and
502 B) and the precipitation of iron-oxyhydroxyde and associated PO_4^{3-} is consistent with
503 the lower PO_4^{3-} porewater concentration in V than in aTP and nTP. Oxygenated areas
504 around seagrass below-ground tissues also act as a protection against reduced solutes

505 such as sulfides (Penhale and Wetzel, 1983) which may affect the survival of seagrasses
506 (Holmer and Bondgaard, 2001), sensitive macrofaunal organisms (Kristensen and
507 Kostka, 2005) but also of the bacteria community (Dale, 1974). Thus, our results
508 highlighted the occurrence of two self-sustained habitats within the seagrass meadow
509 (*i.e.*, vegetated areas and tidal pools).



510

511 **Figure 7:** An ice-made tidal pool in June (A) and with seagrass detritus in October (B)

512 Species assemblages in tidal pools (aTP and nTP) represented a subset of
513 species assemblages of vegetated areas. Indeed, the polychaete *Dipolydora socialis* gr.,
514 the amphipods *Gammarus oceanicus* and *Phoxocephalus holbolli* and the isopod *J.*
515 *albifrons* were found exclusively in vegetated areas, but no species was exclusively
516 found in tidal pools. Therefore, the presence of tidal pools did not affect β - and γ -
517 diversity of macrofaunal at the landscape scale. Scavengers and deposit feeders species
518 such as *Gammarus lawrencianus* and *Wecomedon nobilis* and *Arenicola marina* were,
519 however, found in higher densities in tidal pools (Table 3). This suggests that ice-made
520 tidal pools were preferentially inhabited by scavenging and deposit feeding species.
521 The increase in abundance of scavenging and deposit feeding species is a common
522 response in disturbed areas due to accumulation of detritus (*e.g.*, Callier et al., 2009;
523 Pearson and Rosenberg, 1978; Thrush and Dayton, 2002). It is worth noting that *A.*
524 *marina* and seagrasses have antagonist effects (*i.e.*, biomechanical warfare) and

525 commonly exclude each other (Philippart, 1994). Indeed, studies have documented that
526 the presence of *A. marina* inhibited the growth of seagrass but also the other way
527 around, that seagrass presence reduced adult lugworm density (Philippart, 1994;
528 Suykerbuyk et al., 2012; Valdemarsen et al., 2011). Therefore, the occurrence of *A.*
529 *marina* in tidal pools likely contributes to the maintenance of these structures (van der
530 Heide et al., 2012).

531 Tidal pools also seemed to favor larger organisms. Although macrofauna total
532 density was always higher in vegetated areas, total biomass was not significantly
533 different between treatments and even tended to be higher in tidal pools than in
534 vegetated areas in August (Fig. 4B). This suggests that individual biomass was higher
535 in tidal pools than in vegetated areas. This was particularly obvious for the polychaete
536 *A. virens* and the bivalve *M. arenaria* and to a lower extent for the polychaete *A. marina*
537 (Table 4). These results may be surprising at first since disturbances, especially by ice
538 scouring, usually lead to reduced biomass (Gutt, 2001; Pearson and Rosenberg, 1978).
539 Indeed, Conlan et al. (1998) found that ice scouring in muddy bare sediments removed
540 or impaired large organisms and therefore, leaving ice scours dominated by small
541 polychaetes and crustaceans. Peck and Bullouch (1993) found similar results, with a
542 dominance (86 %) of small individuals of the bivalve *Yoldia eightsi*, at sites of muddy
543 bare sediments exposed to ice scouring, while sites less exposed had only 27 % of
544 individuals smaller than 10 mm in length. Contrary to the studies mentioned above, the
545 present study focused on the seagrass landscape in which seagrasses and large infauna
546 usually tend to exclude each other (Philippart, 1994; Suykerbuyk et al., 2012;
547 Valdemarsen et al., 2011). Indeed, the dense roots and rhizomes of seagrasses prevent
548 large organisms, such as polychaetes and bivalves, from burrowing and greatly decrease
549 their mobility (Brenchley, 1982). Ice-made tidal pools, within seagrass meadows, thus

550 probably act as shelters for larger individuals. Furthermore, because of their structure
551 and location within the seagrass meadow, these tidal pools catch detritus from the
552 adjacent seagrass meadow (see above), thus providing probably sufficient supply in
553 organic material to its inhabitants. The absence of roots and rhizomes may also increase
554 predation pressure by allowing large organisms such as *A. virens* to penetrate more
555 efficiently within the sediment, thereby reducing the abundance of small prey.

556 The effect of tidal pools formation by sea ice extended up to the bacteria
557 compartment. Indeed, bacteria were more abundant in vegetated areas than in tidal
558 pools (Fig. 3). This result is consistent with the particulate organic carbon and total
559 nitrogen content which are also higher in vegetated areas than in tidal pools. Bacteria
560 community structure (based on bacteria fluorescence) significantly differed between
561 vegetated areas and tidal pools. Seagrass meadows are known to shape their associated
562 microbial community for their benefit (Tarquinio et al., 2019), which supports the
563 hypothesis that seagrasses generate positive feedback for their maintenance (see
564 above). Contrary to macrofauna, bacteria communities differed between tidal pools
565 with larger bacteria in nTP than aTP throughout the year. By removing the first
566 centimeters of the sediment, sea ice exposed previously suboxic or anoxic sediment to
567 oxygen and such drastic environmental change (*i.e.* recently exposed sediment to
568 oxygen) could explain the differences between these two treatments. Despite the
569 difference in bacteria communities between aTP and nTP, the similarity in nutrients
570 porewater profiles between these two treatments (Fig. 3B) did not support that they
571 supported different microbial-mediated biogeochemical processes. Further studies
572 using molecular tools are needed to investigate more precisely the impact of sea ice on
573 bacteria communities and the biogeochemical processes they mediate.

574 4.2. *Seasonal changes*

575 Seagrass growth was limited to few months from May to August. During
576 wintertime and springtime (from December to April), not only tidal pools could be
577 created, but sea ice removed most of the seagrass leaves. The leaf biomass was thus
578 minimum in April just after sea ice break-up, and it increased gradually to reach its
579 maximum in August to finally drastically decrease in October. Associated with the
580 increase of leaf biomass, we observed a decrease of sediment grain size and an increase
581 of particulate organic carbon (OC) and total nitrogen (TN) (Table 1). With their dense
582 canopy, seagrass meadows are known to attenuate hydrodynamics and thereby to
583 enhance the deposition of fine organic-rich particles at the sediment surface and
584 preventing their resuspension (Hemminga and Duarte, 2000; van Katwijk et al., 2010).
585 It is worth noting that the depth (10 cm) of the sediment core used in this study probably
586 diluted this effect, which is localised at the sediment surface. Roots and rhizomes
587 biomass increased slightly from April to August and sharply increased from August to
588 October. In a comparative analysis of *Z. marina* meadows in the northern hemisphere,
589 Duarte and Chiscano (1999) found similar values of leaf biomass; however roots and
590 rhizome biomass was higher in the present seagrass meadow. During periods of positive
591 carbon balance, *i.e.*, during summertime when photosynthesis rates exceed the ones of
592 respiration and growth, seagrasses produce carbohydrates (*e.g.*, starch), which are re-
593 allocated to rhizome for long-term storage (Olivé et al., 2007). During winter, the
594 carbon balance becomes negative, and seagrasses only rely on such reserves for their
595 survival (Govers et al., 2015). In the present study, seagrasses have certainly acclimated
596 to accumulate large quantities of carbohydrates in their rhizome to cope with the long
597 (typically six months) and harsh winter season. This hypothesis is coherent with the

598 large discrepancy in roots and rhizome biomass between October and April, suggesting
599 that carbohydrates were effectively consumed during wintertime.

600 Intertidal areas are exposed to a high level of ice scouring during wintertime and
601 springtime, which causes high mortality of benthic organisms. After sea ice collapsed,
602 in April, very few species were found, such as polychaetes (mainly *A. virens*, *N. caeca*
603 and *A. arenicola*), bivalves (*Mytilus* sp. And *M. arenaria*) and the gastropod *L.*
604 *obusata*. As a fine crust of ice was partially covering the sampling area, other species
605 (found later in the year) were probably located in more protected areas or deeper within
606 the sediment column. Indeed, macrofauna species developed different strategies to
607 survive the harsh winter season. For instance, polychaetes mainly burrow deep into the
608 sediment (Gordon and Desplanque, 1983) while others, mainly bivalves, can survive
609 being frozen (Gordon and Desplanque, 1983; Medcof and Thomas, 1974). A third
610 strategy for macrofauna is to rest or develop in protected areas (*e.g.*, move farther from
611 the coast to avoid ice, increase the duration of larval stage) during wintertime and to
612 successfully recruit during summertime (Gordon and Desplanque, 1983). During the
613 present study, the recruitment started between April and June and ended between June
614 and August as suggested by the increase in total density and species richness between
615 April and August for both, vegetated areas and tidal pools (Fig. 4A and C). In vegetated
616 areas, the total density remained stable between August and October while it decreased
617 in tidal pools over the same period. This decrease was not associated with a decrease in
618 total biomass nor species richness (Fig. 4B and C) suggesting that, in tidal pools, small
619 individuals were lost during this period. Small individuals may either migrate (if mobile
620 enough) toward vegetated area or died due to adverse conditions in tidal pools or to
621 increase of predation pressure by large organisms (see above).

622 4.3. *Ecological implications*

623 The disturbance generated by sea ice led to tidal pools and results in a reduction
624 of the density and diversity of macrobenthic community as compared to vegetated
625 areas. Although some species preferentially inhabited ice-made tidal pools, none was
626 specific. Contrary to the prediction by the intermediate disturbance hypothesis (*e.g.*,
627 Connell, 1978; Huston, 1979), the formation of tidal pools by sea ice did not lead to an
628 increase of biodiversity at the landscape scale. This was probably because the study site
629 presents rather homogeneous sediments both at the surface and stratigraphically so that
630 the new surface of the ice-made tidal pool is also dominated by sand. Although
631 dramatic, the formation of ice-made tidal pools probably did not affect an area large
632 enough, as compared to the surface of vegetated sediments, to induce a catastrophic
633 shift in community structure. However, it is important to consider ice-made tidal pools
634 in the assessment of community structure or the functioning of seagrass meadows, since
635 they increase the benthic habitat heterogeneity at the landscape scale. Ice-made tidal
636 pools supported, indeed, a different community structure associated with changes in
637 abundances of some macrobenthic species and bacteria communities. For instance,
638 vegetated areas were dominated by bivalves and gastropods while ice-made tidal pools
639 were rather dominated by amphipods (Table 3) and vegetated areas supported more
640 abundant and larger bacteria than tidal pools. This result suggests that, at least at the
641 local scale, vegetated areas and tidal pools supported different food webs and microbial
642 mediated biogeochemical processes, as supposed by the vertical distribution of
643 nutrients within the sediment column. Moreover, ice-made tidal pools supported
644 organisms with a larger size than the ones in vegetated area. Thus, sea ice contributed
645 to enlarge the size spectrum and changed the distribution of biomass of benthic
646 macrofauna species associated to seagrass meadows at the landscape scale. Body size

647 is a “master trait” of organisms and plays a significant role in ecology (Andersen et al.,
648 2016 and references therein). Body size is linked to numerous life-history traits such as
649 metabolism, growth rate, productivity and reproduction. During their growth, large
650 organisms pass through different trophic levels related to their size, increasing food
651 web complexity as compared to small sized organisms (Brose et al., 2017). Larger
652 organisms also allow a more efficient energy transfer through the food web enhancing
653 system stability (Yvon-Durocher et al., 2011). Moreover, larger organisms have a
654 greater impact on sediment bioturbation intensity with far-reaching consequences on
655 ecosystem functioning (Norkko et al., 2013; Séguin et al., 2014; Solan et al., 2004).

656 Polar and sub-polar ecosystems are characterized by the presence of sea ice, if
657 not permanent, for an extended period of the year. However, sea ice does not occur only
658 in these regions but can also affect temperate ecosystems during cold winters. In this
659 context, it may prove interesting to investigate the effect of such an event on the benthos
660 of temperate seagrass landscape. With the ongoing climate change, several studies have
661 reported a loss of sea ice in the Arctic (Perovich and Richter-Menge, 2009; Stroeve et
662 al., 2014) and a decrease in sea ice thickness increasing the frequency of sea ice
663 formation and disintegration (Lindsay and Schweiger, 2015; Perovich and Richter-
664 Menge, 2009; Stroeve et al., 2014). Therefore, it is likely that ice-made tidal pools are
665 and/or will occur in Arctic with similar effects on the spatial heterogeneity of seagrass
666 meadows. It is worth noting that other disturbances may generate pools, pits or hollows,
667 such as waterfowls foraging (Rivers and Short, 2007; Santos et al., 2012), with
668 potentially similar effects on the benthos as those reported in the present study.

669 **5. Conclusions**

670 Sea ice has profound effects on the heterogeneity of the benthic community
671 structure of seagrass meadows in time and space. First, the macrobenthic community
672 displayed a strong seasonality with reduced total density, biomass and species richness
673 during the wintertime due to the presence of sea ice cover. Second, sea ice allows the
674 appearance of ice-made tidal pools within the seagrass meadow. These tidal pools had
675 long-lasting consequences on the benthic community structure of seagrass meadows
676 (see graphical abstract). Two months after the appearance of ice-made tidal pools, the
677 benthic macrofauna community structure of first-year tidal pools was similar to one of
678 multi-year tidal pools, suggesting that tidal pools are an alternative stable state of
679 seagrass meadows. At the tidal pool scale, sea ice disturbance resulted in an
680 impoverishment of benthic macrofauna (α) diversity and a change in abundance
681 patterns relative to vegetated areas. Contrary to our expectations, tidal pools supported
682 similar total biomasses as compared to vegetated areas and thus higher individual
683 biomasses. Therefore, the appearance of ice-made tidal pools in the seagrass meadow
684 did not result in an increase of macrobenthic species turnover (β diversity) and γ
685 diversity at the landscape scale but contributed to enlarge the size spectrum of some
686 species with likely far-reaching consequences on ecosystem stability and functioning.
687 In the context of global change and increasing disturbance, it is most likely that
688 vegetated areas and tidal pools will respond differently to disturbances given the
689 difference in community structure. Also, the spatial heterogeneity at the landscape scale
690 will need to be considered to better understand the functioning of seagrass ecosystems
691 and better predict the functional consequences of seagrass loss.

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