

1 **Recent sedimentation in three adjacent fjord-lakes on the Québec North Shore (Eastern**  
2 **Canada): facies analysis, laminae preservation and potential for varve formation**

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27 **Keywords:** Limnogeology, sedimentary structures, laminations, varves, CT-scan, Québec North  
28 Shore

29 Submitted to the *Canadian Journal of Earth Sciences*

30

31 **Abstract**

32 This paper analyzes short gravity cores sampled along transects in three adjacent deep fjord-  
33 lakes (lakes Pentecôte, Walker and Pasteur) on the Québec North Shore, Eastern Canada, in  
34 order to evaluate the distribution of laminated sediments and potential for varve formation.  
35 Facies analysis based on lithological description, digital photos, CT-scan images and  
36 bathymetric data allowed for the identification of four main sediment facies, namely: laminated  
37 sediments, partially laminated sediments, bioturbated sediments, and massive sediments. Direct  
38 evidence that Lake Walker undergoes thermal stratification was monitored from 2014–2016.  
39 Mean sedimentation rates and sedimentation fluxes of postglacial sediments in the distal basin of  
40 the three studied lakes are  $\leq 0.12 \text{ cm a}^{-1}$  and  $0.03\text{--}0.16 \text{ g cm}^{-2} \text{ a}^{-1}$ , respectively based on  $^{210}\text{Pb}$ ,  
41  $^{137}\text{Cs}$  and AMS radiocarbon dating. On the basis of thin section image analysis and  $^{210}\text{Pb}$  (CIC)  
42 chronology model, Lake Pentecôte contains mainly massive–partially laminated sediments,  
43 while Lake Pasteur contains partially laminated sediments and non-annual varve-like sediments.  
44 However, Lake Walker contains laminated sediments that are likely varves. The increased  
45 potential for laminae preservation observed in Lake Walker compared to lakes Pentecôte and  
46 Pasteur is associated with more favourable morphological characteristics including higher  
47 relative depth, mean depth, maximum depth and topographic exposure.

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54 **Introduction**

55 Lacustrine environments are subject to physical, chemical and biological processes that  
56 influence the nature of sediment deposition (Schnurrenberger et al. 2003; Tylmann et al. 2012;  
57 Zolitschka et al. 2015). Lake sediments are characterized by sedimentary facies that reflect the  
58 processes driving their deposition such as settling, wind-, or density-driven currents (Tylmann et  
59 al. 2012). Sedimentary structures such as laminations can be particularly useful for  
60 paleoenvironmental reconstructions when they are annually laminated, i.e. formed by seasonal  
61 deposition of autochthonous (formed within the lake basin) and/or allochthonous (transported  
62 from the watershed to the lake basin) materials under favourable conditions (Larsen and  
63 MacDonald 1993; O'Sullivan 1983; Saarnisto 1986; Zolitschka et al. 2015). However, the  
64 combination of several environmental and morphological conditions facilitate the preservation of  
65 laminations: (1) the absence of sediment-water mixing due to wave or wind-driven circulations,  
66 (2) presence of gentle to flat lake bottom that reduces the frequency of mass movements, (3) a  
67 deep basin that favours seasonal or permanent anoxia, (4) reduced biological activity of benthic  
68 organisms, (5) a seasonally contrasted sedimentary supply, and (6) sufficient sedimentation rates  
69 (Jenny et al. 2013; Larsen and MacDonald 1993; Larsen et al. 1998; O'Sullivan 1983;  
70 Schnurrenberger et al. 2003; Tylmann et al. 2012; Wetzel and Likens 1991; Zolitschka et al.  
71 2015). It has been argued that there is a relationship between the distribution of laminated  
72 sediments and the lake morphometry (Zolitschka et al. 2015). Several authors have reported  
73 empirical assumptions using morphometric variables in order to improve the chances of  
74 recovering laminated sediments during reconnaissance field surveys or in areas where prior  
75 studies are relatively limited (e.g. Gorham and Boyce 1989; Larsen and MacDonald 1993;  
76 Larsen et al. 1998; O'Sullivan 1983; Ojala et al. 2000; Zolitschka et al. 2015).

77           On the Québec North Shore, in the southeastern Canadian Shield (Eastern Canada), three  
78 lakes (lakes Pentecôte, Walker and Pasteur) were studied for the possible occurrence of annually

79 laminated sediments. High-resolution swath bathymetry, subbottom acoustic profiles and  
80 sediment cores were collected to reconstruct the Late Quaternary geomorphological evolution of  
81 these fjord-like lakes in response to deglaciation and postglacial sedimentary processes  
82 (Gagnon-Poiré 2016; Normandeau et al. 2016). In this paper, short gravity cores retrieved from  
83 these three adjacent lakes are analysed in order to evaluate laminae preservation and the  
84 potential for varve formation. The specific objectives are to: (1) identify the sedimentary facies  
85 present in the short gravity cores and assess their distribution and depositional environments, and  
86 (2) evaluate laminae visibility, sedimentation rates and the potential for establishing a varve  
87 chronology in the uppermost sediments from the lakes, using radiometric dating ( $^{210}\text{Pb}$  and  
88  $^{137}\text{Cs}$ ) and image analysis of thin sections.

### 89 **Regional setting**

90 Lakes Pentecôte, Walker, and Pasteur are located on the Québec North Shore, in the  
91 northwestern Gulf of St. Lawrence in Eastern Canada (Fig. 1). In the local context, the studied  
92 lakes are located within the *Reserve faunique de Port-Cartier–Sept-Îles*. They have been fairly  
93 undisturbed by anthropogenic activities such as dredging or hydropower generation, except for  
94 controlled fishing, boating and wood harvesting. The maximum depths of lakes Pentecôte,  
95 Walker and Pasteur are 130, 271 and 70 m, respectively (Gagnon-Poiré 2016); their elevation  
96 above sea level (asl) is 84, 115 and 86 m, respectively. The studied lakes have steep sidewalls  
97 and relatively deep bottoms, forming a fjord-type morphology. The lakes lie below the limit of  
98 the deglacial transgression associated with glacio-isostatic depression, which is at 130 m asl in  
99 the region (Dredge 1983).

100 The Québec North Shore region has a subarctic climate where spring snowmelt, which  
101 constitutes the peak of the annual runoff period, occurs usually between April and May. The  
102 studied lakes are typically covered by ice from December until April. The lake basins receive  
103 seasonal inflows from major rivers and small streams that drain areas covered with glacial fine



104 and marine sediments (Fig. 1). In Lake Walker, the Schmon and Gravel rivers flow into the  
105 northwestern and northeastern parts, respectively (Fig. 1). Lakes Pentecôte and Pasteur are  
106 principally fed by Pentecôte and Pasteur rivers that both flow into their northern parts (Figs. 1).  
107 Land cover is largely a boreal forest comprising fir, black spruce, poplar, aspen and shrubs.  
108 Morphological and other characteristics of the lakes are shown in Table 1.

109 The Québec North Shore region lies within the geologic province of Greenville. Bedrock  
110 geology consists of Precambrian rocks that are Archean or Proterozoic in age (Ministère des  
111 ressources naturelles du Québec 2002). Archean rocks comprise migmatite and gneiss, which  
112 contain plagioclase, biotite and/or hornblende and/or amphibolite. Proterozoic rocks comprise  
113 mafic to ultramafic rocks, as well as sedimentary rocks, which contain paragneiss and quartzite  
114 (Ministère des ressources naturelles du Québec 2002). Gneissic rocks underlie most parts of  
115 lakes Walker and Pentecôte watersheds, while paragneissic rocks underlie most parts of Lake  
116 Pasteur. The history of the sedimentation in the watersheds of studied lakes during the transition  
117 from late Quaternary glacial to postglacial has been discussed by Gagnon-Poiré (2016),  
118 Normandeau et al. (2016) and G. Poiré et al. (accepted). The fjord-type lakes in the southeast  
119 Canadian Shield region have been formed by preglacial fluvial erosion during a lower base level,  
120 which carved out V-shaped valleys subsequently occupied by Quaternary sediments preserved  
121 below the Laurentide Ice Sheet (LIS) (Lajeunesse 2014).

## 122 **Methods and materials**

### 123 **Fieldwork and sediment coring**

124 Short sediment cores ranging from 30 to 100 cm were collected from lakes Pentecôte, Walker  
125 and Pasteur in June 2014. Efforts were made to carefully retrieve undisturbed sediment/water  
126 interface from suitable locations based on multibeam bathymetry and subbottom profiler data,  
127 which provided insight on the lake basin morphology and nature of sediment deposition.  
128 Detailed information on high-resolution subbottom acoustic data from the three studied lakes

129 have been presented by Gagnon-Poiré (2016) and G. Poiré et al. (accepted). Sediment cores were  
130 obtained in the central and southern parts of Lake Pentecôte and along two transects in the  
131 northern part of Lake Walker (Figs. 2A and 2B). Coring was restricted to the northern part of  
132 Lake Pasteur due to limited accessibility (Fig. 2C). A free fall gravity corer (modified after  
133 Hvorsley and Stetson 1946) equipped with metal bars as load was used to improve sediment  
134 penetration at depths. In total, 42 short gravity cores were collected: 10 cores at Lake Pentecôte,  
135 16 at Lake Walker and 16 at Lake Pasteur (Table 2). The sediment cores were collected on board  
136 a pontoon boat on lakes Pentecôte and Walker and from an inflatable boat on Lake Pasteur. All  
137 boats were positioned with DGPS systems (*ca* 60 cm precision; Hemisphere GPS, Calgary,  
138 Canada).

139 Temperature sensors (Onset Hobo Water Temp Pro v2 and Tidbit v2 models) were  
140 deployed in Lake Walker on June 5<sup>th</sup> 2014, in order to determine whether the lake undergoes  
141 thermal stratification. The deployment location (50°23'17.2" N, 67°10'23.4" W) was chosen for  
142 its relative proximity to the area of coring and to the inflow of the two rivers in the northern part  
143 of the lake (Fig. 2B). The temperature sensors were placed along a polypropylene rope and set to  
144 take readings every hour for a two-year period, after which they were retrieved. To ensure  
145 upright suspension of the sensors, a load (concrete block) was tied to the base of the mooring  
146 while two buoys located 20 m apart were attached at the upper end of the rope.

147 On September 25<sup>th</sup> 2014, during another fieldwork, an S4 current meter (InterOceans  
148 Systems Inc. USA) was used to measure temperature and salinity. Two measurements were  
149 collected at Lake Pentecôte and three at Lake Walker, at points where the water depths ranged  
150 from 40 to 100 m (Table 3). None were collected at Lake Pasteur due to logistical constraints.

### 151 **Computed tomography and digital photography**

152 Whole core sections were analyzed using a SIEMENS SOMATOM Definition Volume  
153 Access sliding gantry medical CT-scanner at the *Institut National de la Recherche Scientifique*,

154 *Centre Eau Terre Environment (INRS-ETE)*. The CT-Scan allowed for the non-destructive  
155 acquisition of longitudinal and transverse images showing the internal structures of the cores.  
156 The acquisition was performed at a voltage of 140 keV, current of 410 mA and a rotation time of  
157 1000 ms/rot. The resulting images were displayed in gray scale, with lighter and darker areas  
158 indicating higher and lower X-ray attenuations, respectively. Gray scale values are expressed as  
159 CT numbers or Hounsfield units (HU). X-ray attenuation is related to sediment bulk density,  
160 porosity and mineralogy (Boespflug et al. 1995; Cremer et al. 2002; Fortin et al. 2013). Analysis  
161 of CT-scan images was done using the Siemens software or the Image J software® (Schneider et  
162 al. 2012).

163 Shortly after splitting and prior to oxidation of the sediment core surface, the split  
164 sediment cores were photographed with a GEOTEK™ Geoscan IV line-scan camera (50-µm  
165 pixel size) mounted on a GEOTEK™ Multi-Sensor Core Logger (MSCL; Geotek Ltd., UK.) at  
166 the *Institut des sciences de la mer de Rimouski (ISMER)*, Canada. Subsequently, another high-  
167 resolution line camera mounted on an ITRAX core scanner (Cox Analytical Systems, Sweden) at  
168 INRS-ETE was used to acquire RGB colour images (50-µm pixel size) of the split cores. The  
169 advantage of the latter over the former is that the images are relatively free from the effects of  
170 glare from water on the sediment surface, due to polarizers of the ITRAX.

### 171 **Facies- and image analysis**

172 Sediment cores were described and grouped into facies based on qualitative identification  
173 of textural properties such as colour, grain size and sedimentary structures through a  
174 combination of visual inspections, digital photos, CT-scan images and ITRAX line scan images.  
175 Colour of sediments was expressed based on the Munsell Soil Colour Chart (Munsell Color  
176 Xrite). A qualitative index, the “Lamination visibility index (LVI)” was introduced to describe  
177 the visibility of laminations, as observed from the digital images, with values as follows: 0 -  
178 none, 1 - faint, 2 - visible, 3 - clear, and 4 - distinct. One reference core was selected for each

179 lake based on the presence of laminations and evidence of minimal sediment disturbance,  
180 namely PC14-04-R (Pentecôte), WA14-06-R (Walker) and PA14-16-R (Pasteur), respectively.

181 Undisturbed sections were subsampled from the selected reference cores using  
182 overlapping metal slabs made of thin aluminium (measuring 18 x 1.5 x 0.5 cm), and thin  
183 sections were made based on freeze-drying and epoxy-resin embedding techniques (Francus and  
184 Asikainen 2001). Image observation of scanned thin-section slabs was performed using software  
185 developed at INRS-ETE (Francus and Nobert 2007). This allowed for further description of the  
186 laminae visibility (using the LVI index), and for microscopic counting of laminations on the  
187 digital scans (Francus 2006). Laminae were counted by two independent researchers and  
188 counting error (%) was estimated based on the difference in the number of counted laminae  
189 couplets along the thin sections (Zolitschka et al. 2015).

#### 190 **Sediment dating**

191 For  $^{210}\text{Pb}$  analysis, the upper 10 cm section of the three reference cores was sampled at  
192 intervals of 0.4 cm. In addition, another core, WA11-W5-R that was retrieved ~2 km southeast  
193 of core WA14-06-R during a reconnaissance survey in Lake Walker in 2011, was included in the  
194 analysis for comparison (hereafter referred to as reconnaissance core, Fig. 2B). Core WA11-W5-  
195 R was previously sampled at intervals of 0.5 cm. Freeze-dried samples (ca. 2g) were analysed  
196 for  $^{210}\text{Pb}$  activity using a high-resolution germanium diode gamma detector and multichannel  
197 analyzer gamma counter at the Centre d'études Nordiques (CEN), Université Laval (Canada) for  
198 core WA11-W5-R, and subsequently with a similar instrument at INRS-ETE for the reference  
199 cores.  $^{210}\text{Pb}$  activities were analysed as function of depth expressed in form of cumulative dry  
200 mass in order to account for the effect of compaction (Appleby and Oldfield 1978). The profiles  
201 of  $^{210}\text{Pb}$  unsupported were used as input for three possible dating models: (1) the constant rate of  
202 sedimentation (CRS) model that takes into account variable sedimentation rates, but constant  
203 fluxes of  $^{210}\text{Pb}$ , (2) the constant initial concentration (CIC) model that simultaneously takes into

204 account varying sedimentation rates and fluxes of  $^{210}\text{Pb}$ , and (3) the constant flux - constant  
205 sedimentation model (CF-CS) that simultaneously takes into account constant rate of  
206 sedimentation and input of  $^{210}\text{Pb}$  (Appleby et al. 1979; Robbins and Edgington 1975).  
207 Confidence intervals were calculated by first-order error analysis of counting uncertainty  
208 (Appleby and Oldfield 1978; Appleby et al. 1979). This was done in order to determine the age  
209 (a), sedimentation rate ( $\text{cm a}^{-1}$ ), and sediment (mass) accumulation rates ( $\text{g cm}^{-2} \text{a}^{-1}$ ) for the past  
210  $\sim 150$  years (Zolitschka et al. 2015).  $^{137}\text{Cs}$  was used to identify sediments deposited during the  
211 peak of atmospheric nuclear testing between the periods from 1963 to 1964 (Appleby and  
212 Oldfield 1978).

213 Terrestrial plant macrofossils (wood fragments) were collected from core WA14-06-R at  
214 a depth of 36.5 cm. Bulk sediment from another core, PC15-04B-P-CD that was sampled from  
215 Lake Pentecôte in 2015 was included for comparison (G. Poiré et al. accepted). The samples  
216 were prepared at CEN and analysed using accelerator mass spectrometry (AMS) at the Earth  
217 System Science Department Keck Carbon Cycle AMS Facility at the University of California at  
218 Irvine. The dates were calibrated using the Calib 7.1 software using the INTCAL2013 (Stuiver  
219 and Reimer 1993) and are presented with 2 sigma standard deviation (Table 4).

## 220 **Loss on ignition**

221 Within the intervals sampled for  $^{210}\text{Pb}$  dating, sediments were extracted to perform loss-  
222 on-ignition (LOI) measurements. Organic matter content was calculated as the difference in  
223 weight between sediment dried at  $60\text{ }^\circ\text{C}$  and the ash produced after ignition at  $550\text{ }^\circ\text{C}$  for 4  
224 hours. Furthermore, the percentage of calcium carbonate was calculated as the difference in  
225 weight between ash produced after ignition at 550 and  $1000\text{ }^\circ\text{C}$  within a high temperature  
226 furnace (Heiri et al. 2001).

## 227 **Results**

## 228 **Physical limnology**

229 Figure 3A shows a clear evidence of temperature variations measured at 35 and 170 m depths  
230 (below water level) over a 2-year period (June 5<sup>th</sup> 2014 – August 4<sup>th</sup> 2016) in Lake Walker. In  
231 the upper part of the lake (~35 m), temperature varied between 3.4 and ~7.0 °C and fluctuated  
232 intermittently to 10.0 °C between June and November. It decreased from 3.4 to 2.0 °C during  
233 winter. In the lower part of the lake (~170 m), temperature was ~4 °C between June and  
234 November, decreasing to ~3.5 °C during winter. Lake mixing, evidenced by temperature  
235 reversals across the two depth intervals, occurred twice each year, in May and November, which  
236 correspond to the time of ice breakup and ice formation, respectively.

237 Figures 3B and 3C shows point measurements of temperature and salinity in lakes  
238 Pentecôte and Walker measured in September 2014 (Table 3). In Lake Pentecôte, profiles from  
239 the northern (S4\_PC\_01) and southern (S4\_PC\_03) parts of the lake show a temperature  
240 decrease from ~15–12 °C at the surface and ~12–8 °C at 20 meters, and slight increase in  
241 salinity from 1.1–1.3 and 1.8–1.9 PSU. Between 20 and 40 m, the northern profile indicates a  
242 temperature trend from ~12–9 °C, and slight increase in salinity from 1.2–1.3 PSU, while the  
243 southern one shows that towards ~60 m depth, temperature and salinity steadied at ~8 °C and  
244 ~1.4 PSU, respectively.

245 In Lake Walker, profiles from the southern (S4\_WA\_01) and northern (S4\_WA\_03)  
246 parts show comparable trends between 0–60 m: temperature decreases from ~14–8°C and  
247 salinity increases slightly from 1.2–1.4 PSU. Further down, the three parameters stabilize.  
248 However, a profile from the central (S4\_WA\_02) part of the lake indicates that within 0–30 m,  
249 temperature decreases from 11–6 °C, while salinity increases slightly from 1.3–1.5 PSU (Figs.  
250 3C-1 and 2). These data show that thermal stratification occurs in Lake Walker.

## 251 **Sedimentary facies**

252 The following distinct sedimentary facies were identified based on qualitative analysis:

253 laminated, partially laminated, bioturbated and massive sediments. Rapidly deposited layers and  
254 turbidite deposits were also identified (Figs 2, 4 and 5).

### 255 ***Laminated sediments (LS)***

256 The two basic units that compose the laminated sediment facies are a silty minerogenic material  
257 (silty lamina) and a clay and organic rich material (clayey lamina). The silty lamina is grayish  
258 brown to dark gray (Munsell colour: 2.5Y 5/2 to 4/2), whereas the clayey lamina is dark gray to  
259 very dark gray (Munsell colour: 2.5Y 5/2 to 3/2). LS facies have visible to distinct laminations  
260 (LVI index 2–4). The thickness of lamina couplets ranges from 0.2 to 1 cm. Laminations are  
261 usually horizontal, although sometimes inclined due to disturbance during deposition or coring  
262 and transportation. CT number varies from 1100 to 1500 HU (Fig. 5).

263 The distribution of the LS facies in the three lakes is shown on Figures 2 and 4. Of the  
264 ten short sediment cores collected from Lake Pentecôte, none were laminated along its entire  
265 length. In Lake Walker, 81% (13 out of 16) of cores were characterised entirely by the LS facies.  
266 These cores were retrieved at water depths ranging from 60 to 270 m, which correspond to the  
267 deep central part of the lake basin (Figs. 2B, 4B and 4BB). In Lake Pasteur, 6% (1 out of 16) of  
268 cores contained LS facies along the entire core. It was retrieved at a depth of 70 m, which  
269 corresponds to the deepest part of the lake's basin (Figs. 2C and 4C).

### 270 ***Partially laminated sediments (PLS)***

271 Partially laminated sediments comprise olive gray silty lamina and dark to very dark olive gray  
272 clayey lamina (Munsell colour: 5Y 3/15 and Y 4/2 to 3/2, respectively). They are characterized  
273 by similar grain size as the LS facies, but with parallel or inclined laminations that range from  
274 faint to clear (LVI index 1–3) at intervals within the same core (Fig. 5). Laminae thickness  
275 ranges from 0.4 to 1 cm. Wood fragments are more common in the PLS than in the LS facies.  
276 CT number varies from 1200 to 1600 HU.

277 In Lake Pentecôte, partially laminated sediments characterized 80% (8 out of 10) of  
278 collected cores. The cores were retrieved from water depths ranging from 39–130 m,  
279 representing the shallow to deep parts of the lake (Figs. 2A and 4A). In Lake Walker, none were  
280 partially laminated, while in Lake Pasteur, 94% (15 out of 16) of sediment cores were partially  
281 laminated. They were collected at water depths ranging from 28–48 m, representing the shallow  
282 to moderately deep parts of the lake (Figs. 2C and 4C).

### 283 ***Bioturbated sediment (BS)***

284 Bioturbated sediments are marked by colour mottling, with variation from light yellowish brown  
285 to light olive brown and gray to dark grayish brown silty clay and clay materials (Munsell  
286 colour: 10YR 6/4 to 4/1, 2.5Y 6/1 to 5/2). The laminations appear faint to visible (LVI index 1–  
287 2) and are parallel to inclined, sometimes disturbed. CT number ranges from 1400 to 1500 HU  
288 (Fig. 5B).

289 The BS facies was encountered in the upper part of two cores from Lake Walker, which  
290 were retrieved at depths of 10–30 m that correspond to the proximal and shallow parts of the  
291 lake (Figs. 2B and 4B).

### 292 ***Massive sediments (MS)***

293 Massive sediments consist of olive gray and dark gray silty and clayey materials (Munsell  
294 colour: 5Y 4/2 to 4/1, respectively). There is no clear evidence of visible laminae pattern though  
295 faint laminations (LVI index 0-1) are occasionally present (Fig. 5E). This facies contains organic  
296 materials such as wood fragments and deformations due to gas expansion that were more evident  
297 after core splitting. The transition between the PLS and MS facies are rather subtle.

298 Of the three studied lakes, sediment cores that present the MS facies were retrieved only  
299 in Lake Pentecôte. In that lake, MS facies characterized two cores (Fig. 2A) and also the lower  
300 part of another core, PC14-04-R (Fig. 5A). The cores were sampled at water depths of 39–42 m,  
301 which corresponds to the shallow parts of the lake (Fig. 2A).



### 302 ***Rapidly deposited layers (RDLs)***

303           Within the LS and PLS facies, there is evidence of a distinct sub-facies that is  
304 characterized by light gray to dark yellowish brown silty and clayey materials (Munsell colour:  
305 2.5Y 7/1 to 4/2, 5.Y 3/1), with clearly visible boundaries (LVI index 2–3) that is marked by an  
306 abrupt change in CT number from 1300–1500 HU, compared to the LS/PLS facies (Fig. 5). They  
307 are interpreted as rapidly deposited layers (RDLs) (St-Onge et al. 2012). RDLs show a sequence  
308 of reverse to normal grading (Fig. 5F) and were encountered in several cores from the three  
309 studied lakes, irrespective of coring depth. They range from few mm to >1 cm in thickness and  
310 are noticeable on CT-scan images and the ITRAX line scan images, but may be obscure under  
311 the naked eye (Figs. 5A and 5C). However, a 5 cm thick RDL is clearly noticeable on one core,  
312 PA14-16-R from Lake Pasteur (Fig. 5F).

### 313 ***Turbidites***

314           Another sub-facies, characterized by fine grained (silty clay) materials and coarse  
315 grained (sandy) materials and which is non-laminated and normally graded, was observed. Its  
316 lower and upper boundaries are marked by sharp contacts with the underlying and overlying LS  
317 facies, and are evidenced by abrupt change in CT number from 1300 to 1500 HU (Fig. 5D). It is  
318 interpreted as a turbidite deposit (St-Onge et al. 2004). It was encountered only in Lake Walker,  
319 on one core, WA14-01-R that was collected at a depth of 216 m (Figs. 4BB and 5D).

### 320 **Thin section image analysis**

321 Laminae visibility index was used to describe thin sections from the three reference cores, PC14-  
322 04-R, WA14-06-R and PA14-16-R, and are plotted on Figure 6. Counting of laminae in cross-  
323 polarized light was preferred due to higher birefringence of silty particles relative to the fine clay  
324 matrix. Image observation of thin sections from core PC14-04-R, collected from Lake Pentecôte  
325 at a depth of ~40 m, indicates that it is characterized by MS facies in the lower section that pass

326 into PLS facies in the upper section. The uppermost part appears disturbed near the  
327 sediment/water interface. The laminae are faint (LVI index  $\leq 2$ ) and occurrence is discontinuous  
328 (Figs. 6A). Consequently, replicate counting of laminae was not performed and thus no counting  
329 errors were estimated for this lake.

330 On thin sections of core WA14-06-R, collected from Lake Walker at 151 m depth, the  
331 laminae visibility index shows that laminations appear visible to distinct laminae (index 3–4) in  
332 lower to upper intervals, which facilitated replicate counting, but passes into faint laminations  
333 (index 0–1) in the uppermost part of the core near the sediment/water interface (Fig. 6B).  
334 Approximately 400 lamina couplets were counted along the 43 cm long core, with varying error  
335 estimation within successive thin sections. A plot of error estimation versus depth shows that  
336 error limit decreases with increasing depth, ranging from 4% for the lowermost part of the core,  
337 where distinct laminae were most evident, to 10% for the topmost (5 cm) sediment interval  
338 (Figs. 6B and 7B).

339 On thin sections of core PA14-16-R, collected from Lake Pasteur at 70 m depth,  
340 laminations are visible to clear (LVI index 2–3) in the lower part of the core, which facilitated  
341 replicate counting (Figs. 6C and 7C), passing into discontinuous and faint (LVI index 0–1) in the  
342 uppermost section near the sediment/water interface. Approximately 560 lamina couplets were  
343 counted along the 63 cm core. Error estimation versus depth illustrates that the error limit varies  
344 irregularly between 3–54% down core (Fig. 6C). Laminae boundaries are noticeably obscured  
345 within RDLs, consequently higher error limits were observed where RDLs occur (e.g. between  
346 15–20 cm on core PA14-16-R, Fig. 6C).

### 347 **Age-depth models and sedimentation rates**

#### 348 *<sup>210</sup>Pb and <sup>137</sup>Cs age models*

349 Figure 8 (A-1, B-1 and C-1) depicts <sup>210</sup>Pb activity versus depth profiles for the three reference  
350 cores. The mean sedimentation- rates and fluxes derived from the three <sup>210</sup>Pb models (CRS, CIC

351 and CF-CS) are comparable (Table 5). The  $^{210}\text{Pb}$  CIC model was selected as the most suitable  
352 model because (1) it is least susceptible to the low activity levels of  $^{210}\text{Pb}$  measured on the  
353 reference cores (where  $^{210}\text{Pb}_{\text{total}} < 0.1 \text{ Bq g}^{-1}$  except for the top 2 cm), (2) it takes into account the  
354 varying sedimentation rates and fluxes of  $^{210}\text{Pb}$  that were observed (Fig. S1), and (3) it shows a  
355 near-constant slope profile for the three reference cores (Figs. 8A-1, B-1, and C-1). Moreover,  
356 the  $^{210}\text{Pb}$  CIC model is in close correspondence with the CRS model in the upper sections of  
357 cores PC14-04-R and WA14-06-R; and the mean sedimentation rates averaged from both  
358 models are similar (Table 5). On the other hand, the  $^{210}\text{Pb}$  CF-CS model was the least suitable, as  
359 it was most susceptible to decrease in  $^{210}\text{Pb}$  unsupported activity levels towards equilibrium,  
360 which is evidenced by the wavy outline and age reversals observed (Figs. 8A-2, B-2 and C-2).

361 On core PC14-04-R (Lake Pentecôte), mean sedimentation rate of  $\sim 0.07 \text{ cm a}^{-1}$  and mean  
362 sedimentation flux of  $0.03 \text{ g cm}^{-2} \text{ a}^{-1}$  were calculated based on the  $^{210}\text{Pb}$  CIC model, respectively  
363 (Table 5).  $^{137}\text{Cs}$  activity starts at 1.8 cm and reaches a peak at 0.6 cm sediment depth (Figs. 8A-1  
364 and A-2).

365 On core WA14-06-R (Lake Walker), mean sedimentation rate of  $0.07 \text{ cm a}^{-1}$  and mean  
366 sedimentation flux of  $0.03 \text{ g cm}^{-2} \text{ a}^{-1}$  were calculated based on the  $^{210}\text{Pb}$  CIC chronology model,  
367 respectively.  $^{137}\text{Cs}$  activity starts at 1.4 cm and reaches a peak at 0.6 cm (Figs. 8B-1 and B-2).  
368 These values were compared to results from the reconnaissance core, WA11-W5-R (Fig. S2). On  
369 that core, mean sedimentation rate of  $0.002 \text{ cm a}^{-1}$  and mean sedimentation flux of  $0.01 \text{ g cm}^{-2} \text{ a}^{-1}$   
370 were calculated based on the  $^{210}\text{Pb}$  CIC model, respectively (Table 5).  $^{137}\text{Cs}$  activity starts at 2.3  
371 cm and reaches a peak at  $\sim 1.3 \text{ cm}$  (Fig. S2). The equilibrium depth of  $^{210}\text{Pb}$  unsupported (where  
372 values tend to zero) corresponds to  $\sim 3.75 \text{ cm}$ .

373 On core PA14-16-R (Lake Pasteur), mean sedimentation rate of  $\sim 0.12 \text{ cm a}^{-1}$  and mean  
374 sedimentation flux of  $0.09 \text{ g cm}^{-2} \text{ a}^{-1}$  were calculated based on the  $^{210}\text{Pb}$  CIC model, respectively  
375 (Table 5).  $^{137}\text{Cs}$  activity starts at 2.2 cm and reaches a peak at 1.8 cm (Figs. 8C-1 and C-2).

### 376 **Radiocarbon age**

377 A wood fragment collected from core WA14-06-R at 36.5 cm dated  $980 \pm 25$  years  $^{14}\text{C}$   
378 BP (790-920 cal BP, UCIAMS-161059), which allowed for estimation of a mean sedimentation  
379 rate of  $\sim 0.04$  cm  $\text{a}^{-1}$  for the entire core (Fig. 5C). Bulk sediment sampled at 101 cm from another  
380 core, PC15-04B-P-CD from Lake Pentecôte dated  $7240 \pm 25$  years  $^{14}\text{C}$  BP (7996-8156 cal BP,  
381 UCIAMS-162978) (G. Poiré et al. accepted), and allowed for estimation of a mean  
382 sedimentation rate of  $\sim 0.09$  cm  $\text{a}^{-1}$  for the entire core (Table 5).

### 383 **Comparison of laminae counts to radiometric dating**

384 In order to test the hypothesis that the studied lakes could be annually laminated, laminae counts  
385 were compared to the  $^{210}\text{Pb}$  and  $^{137}\text{Cs}$  chronology models for cores WA14-06-R and PA14-16-R  
386 from lakes Walker and Pasteur, respectively. Lake Pentecôte was excluded due to low laminae  
387 visibility index (index  $\leq 2$ ) irrespective of depth.

388 In Lake Walker, Figure 8B-3 illustrates that the profile of the  $^{210}\text{Pb}$  CIC model is  
389 consistent with that of laminae couplet counts. Both profiles plots within the error limit ( $\pm 6$   
390 years) of the other for the uppermost 3 cm sediments interval, and relatively close at lower  
391 depths. If the CRS model is considered, there is still close correspondence between the  $^{210}\text{Pb}$   
392 CIC versus CRS model and laminae count. The error margin is, however, larger for the CRS  
393 model in the lower (3–5cm) part of the core (Fig. 8B-3). The CF-CS model was excluded in the  
394 comparison due its high margin of error.

395 In Lake Pasteur, there is divergence between the  $^{210}\text{Pb}$  CIC model and laminae counts.  
396 The  $^{210}\text{Pb}$  CRS and CF-CS models were less comparable due to age reversals and divergence  
397 that are associated with that core (Fig. 8C-3). Figures 8B-3 and 8C-3 show that there is  
398 divergence between the profiles of the  $^{137}\text{Cs}$  versus  $^{210}\text{Pb}$  chronology (CIC) models and also  
399 laminae count.

### 400 **Discussion**

401 ***Catchment and local controls over sediment deposition***

402         The recent sedimentation in lakes Pentecôte, Walker and Pasteur is influenced by  
403 interacting factors including limnological, climatic, morphological and possibly dynamic  
404 processes. These lakes undergo thermal stratification typical of the boreal climate in that region,  
405 and this was confirmed by instrumentation in Lake Walker (Fig. 3). The transitions between the  
406 lower part of the lakes (containing cooler water) and the upper part (containing warmer water),  
407 inferred from measured data (30–40 m in Lake Pentecôte and 50–60 m in Lake Walker; Figs. 3B  
408 and 3C) corresponds to the summer thermocline in those lakes (Håkanson and Jansson 2002).  
409 Temperature reversals observed in Lake Walker indicate that mixing of the water column occurs  
410 twice each year, in May and November (Fig. 3A), which implies that it is dimictic. Circulation in  
411 its water column occurs to at least 170 m.

412         Sediment coring in Lake Pentecôte was fairly extensive compared to lakes Walker and  
413 Pasteur due to its accessibility. However, the frequency of partially laminated and massive  
414 sediments in Lake Pentecôte could be attributed in part to shallow coring depths (generally < 45  
415 m, Table 2) or the influence of processes that inhibit laminae preservation such as sediment  
416 mixing due to wind or current driven circulations across the lake's basin (Larsen and MacDonald  
417 1993; O'Sullivan 1983). In Lake Walker, the uniform distribution of laminated sediments (75%)  
418 in the distal part of the river deltas (Figs 2B, 5B and 5BB) suggests that sediment deposition is  
419 dominated by low-energy suspension settling (Smith 1978; Smith and Ashley 1985). The  
420 occurrence of bioturbated facies in two cores that were retrieved in the proximal part of the lake  
421 (< 55 m; Figs. 2B and 4B) indicates that sediment disturbance and/or mixing are restricted to the  
422 shallow parts of the lake, near the sediment/water interface. It also implies that current and oxic  
423 conditions exists in proximal areas near the lake shore, possibly allowing bioturbation  
424 (O'Sullivan 1983). Similarly, in Lake Pasteur, the only core that contained LS facies (6 %) was

425 in a deep part, while other cores with PLS facies (94 %) were retrieved from shallower depths  
 426 (Figs. 2C and 4C).

427 Lakes Pentecôte, Walker and Pasteur are principally fed by the Pentecôte River, the  
 428 Gravel and Schmon rivers, and the Pasteur River, respectively from the northern part into the  
 429 lakes' basin. Although Lake Walker receives fluvial input from two major rivers on its northern  
 430 part, compared to lakes Pentecôte and Pasteur that receive from one, respectively, the  
 431 sedimentation rates and fluxes in the central part of the three lakes are of the same order of  
 432 magnitude, considering the  $^{210}\text{Pb}$  models (Figs. 2, Table 5). Also, overall composition of the  
 433 sediment is similar based on bulk density, calcium carbonate and organic matter contents (Fig.  
 434 S3). Nevertheless, the low mean sedimentation rates in lakes Pentecôte, Walker and Pasteur ( $\leq$   
 435  $0.12 \text{ cm a}^{-1}$ ) are similar to those described in other boreal lakes in southern Québec [e.g. Lake  
 436 aux Sables:  $0.08 \text{ cm a}^{-1}$ ; Lake St-Joseph:  $0.07 \text{ cm a}^{-1}$ ; and Lake Mékinac:  $0.18 \text{ cm a}^{-1}$  (Trottier et  
 437 al, submitted)] and other Canadian provinces [e.g. Birchbark Lake:  $0.08 \text{ cm a}^{-1}$ ; Miller Lake  $0.11$   
 438  $\text{cm a}^{-1}$  and Whitemouth Lake ( $0.15 \text{ cm a}^{-1}$ ) (Turner and Delorme 1996)].

#### 439 *Relating the presence of laminations to lake morphometry using empirical assumptions*

440 Some researchers have applied empirical relationships to predict laminae formation and  
 441 preservation in small lakes using morphometric parameters (e.g. Gorham and Boyce 1989;  
 442 Larsen and MacDonald 1993; Larsen et al. 1998; O'Sullivan 1983; Ojala et al. 2000; Zolitschka  
 443 et al. 2015). However, there are insights from applying some of those empirical parameters in  
 444 fjord lakes such as Pentecôte, Walker and Pasteur that are of larger areal size and different  
 445 geographical context (Table 1). For example, a relevant parameter is the relative depth,  $Z_r$   
 446 (Hutchinson 1957), which was used by O'Sullivan (1983) to illustrate that lakes with stratified  
 447 water columns might contain laminated sediments, by relating maximum depth ( $Z_{\text{max}}$ ) and lake  
 448 surface area (A) [where  $Z_r = 50Z\sqrt{\pi}/\sqrt{A}$ ]. In this regard, the relative depth of lakes Pentecôte,  
 449 Walker and Pasteur is «  $Z_r = 2.7, 3.9$  and  $1.4$  » respectively (Table 1). These values fall within

450 the range of those of some large lakes in Europe and North America with significant maximum  
451 depth ( $Z_m > 70$ ), in which laminated sediments have been found [e.g. Lac D'Annecy,  $Z_m = 82$   
452 (Dearing 1979); Pääjärvi,  $Z_m = 87$  (Ojala et al. 2000); Lillooet lake,  $Z_m = 137$  (Desloges and  
453 Gilbert 1994; Gilbert 1975) and Zugersee,  $Z_m = 197$  (Thompson and Kelts 1974)].

454 Larsen and MacDonald (1993) demonstrated that small lakes ( $<3 \text{ km}^2$ ) with maximum  
455 depths deeper than their critical boundary  $Z_{m_l}$ , might preserve laminated sediments, while those  
456 with maximum depth  $Z_m$  less than the depth of  $Z_{m_l}$ , are likely to contain non-laminated  
457 sediments. That assumption is valid in a general sense when applied to lakes Pentecôte, Walker  
458 and Pasteur (with surface area of 18.9, 41 and 19.3  $\text{km}^2$  respectively), based on obtained  $Z_{m_l}$   
459 values and facies distribution (Fig. 4; Tables 1 and 2). However, a modified form of  $Z_{m_l}$ , the  
460 maximum critical boundary ( $Z_{m_m}$ ) by Larsen et al. (1998) is inapplicable to lakes Pentecôte,  
461 Walker and Pasteur because  $Z_{m_m}$  is shallower than the depths from which all cores (except two  
462 from Pentecôte) were retrieved.

463 Alternative variables that describe lake basin morphology, for example by considering  
464 both size and depth using mean depth of sampled cores, mean- and maximum wind fetch and  
465 exposure index (e.g. Tylmann et al. 2013; Wetzel and Likens 1991) were considered to evaluate  
466 facies distribution in lakes Pentecôte, Walker and Pasteur. Table 1 shows that Lake Walker has a  
467 mean depth ( $m = 125$ ) that is significantly deeper than lakes Pentecôte and Pasteur ( $m = 59.5$   
468 and 54.7 respectively), though the three lakes have more or less the same exposure index (ratio  
469 of surface area to mean depth). Compared to the other two lakes, Lake Walker also has a longer  
470 maximum wind- and mean wind fetch (that describe the distance between coring location and  
471 lake shore) due to its greater maximum length ( $\sim 30 \text{ km}$ ) and surface area ( $41 \text{ km}^2$ ), which  
472 suggests that it is exposed to stronger winds that would likely have its water column mixed at  
473 relatively greater depths (Wetzel and Likens 1991). However, the fact that LS facies were  
474 preserved on 75% of cores collected from Lake Walker compared to lakes Pentecôte and Pasteur

475 (0 and 6% respectively) indicates that the effects of the longer maximum wind and mean wind  
 476 fetch are likely compensated by the higher mean depth and maximum depth in the former, as  
 477 opposed to the latter (Wetzel and Likens 1991). Topographic exposure index calculated for Lake  
 478 Walker (which is twice as much as the next lake, Pasteur, Table 1) is also a factor favouring  
 479 laminae preservation (Wetzel and Likens 1991). Thus, morphologically, Lake Walker can be  
 480 distinguished from lakes Pentecôte and Pasteur based on its unique characteristics: higher  
 481 relative depth, mean depth, maximum depth and topographic exposure (Table 1).

#### 482 **Laminated vs possibly varved sediments in the three deep fjord-lakes**

483 The potential of establishing a varve chronology differs in the three studied lakes based on the  
 484 laminae counts and  $^{210}\text{Pb}$  dating. In Lake Pentecôte, the prevalence of massive to partially  
 485 laminated sediment facies and absence of distinct laminations on core PC14-04-R suggest low  
 486 potential for annual rhythmicity. In Lake Pasteur, the occurrence of partially laminated  
 487 sediments and the divergence between the  $^{210}\text{Pb}$  CIC model versus laminae counts of core PA14-  
 488 16-R indicate that it contains laminated sediments that are non-annual.

489 In Lake Walker, close agreement between laminae counts and the  $^{210}\text{Pb}$  CIC and CRS  
 490 chronology models of core WA14-06-R support the hypothesis that the sediments are likely  
 491 varves. The validity of the depth of  $^{137}\text{Cs}$  peak (supposedly 1963) from two cores from Lake  
 492 Walker is, however, questionable. On core WA14-06-R, the mean sedimentation rate is 0.07 cm  
 493  $\text{a}^{-1}$  (from the CIC model) and the time span between 1963 ( $^{137}\text{Cs}$  peak) and 2013 (anchor year for  
 494 the laminae count) is ~50 years. Thus, the supposed depth for the  $^{137}\text{Cs}$  peak should be ~3.5 cm  
 495 «  $50 \text{ a} * 0.07 \text{ cm a}^{-1} = 3.5 \text{ cm}$  » rather than the actual depth, 0.6 cm (Fig. 8B-1). On the  
 496 reconnaissance core, WA11-05-R, retrieved 3 years earlier, the  $^{137}\text{Cs}$  peak is at 1.25 cm (Fig.  
 497 S2), while the supposed depth should be ~0.094 cm «  $47 \text{ a} * \sim 0.002 \text{ cm a}^{-1} = 0.094 \text{ cm}$  ». In  
 498 these two cores, the disparity between the supposed and actual depths of  $^{137}\text{Cs}$  peak, yet sharp  
 499 aspect of the  $^{137}\text{Cs}$  peak in the profile suggests possible migration of  $^{137}\text{Cs}$  in the sediments,



500 which should be interpreted with caution (e.g. Davis et al. 1984; Turner and Delorme 1996).  
501 Another hypothesis is that coring operations using a free-fall gravity corer (also called rocket  
502 corer) at great depth (>100 m) do somehow wash away the very unconsolidated water/sediment  
503 interface, even if a clear water/sediment interface is apparent in the core tubes. Systematic errors  
504 in laminae counting and the chronologies presented could have resulted from technical sources  
505 such as sediment sampling that are associated with thin-section preparation, subjective counting  
506 of very fine laminae and/or artefacts of the dating models applied (Appleby and Oldfield 1978;  
507 Turner and Delorme 1996; Zolitschka et al. 2015). The hypothesis of the laminations in Lake  
508 Walker being varves needs to be verified by recovering sediments with other coring techniques,  
509 or extensive radiocarbon dating down core where laminae are better preserved, or sediment trap  
510 studies (initial deployment of two sediment traps in Lake Walker was unsuccessful).  
511 Nevertheless, this study showed that by comparing several  $^{210}\text{Pb}$  (CIC, CRS and CF-CS) and  
512  $^{137}\text{Cs}$  models, with laminae counts that varves are likely preserved in the upper part of the  
513 sedimentary sequence in Lake Walker.

#### 514 **Summary and conclusions**

515 This paper analysed short sediment cores collected across transects alongside subbottom profiles  
516 in three deep fjord-lakes (lakes Pentecôte, Walker, Pasteur) on the Québec North Shore, Eastern  
517 Canada. The main results are as follows:

- 518 • Based on visual description of textural properties supported by CT-scan images and  
519 ITRAX line scan images, the following postglacial sedimentary facies were identified:  
520 Laminated sediments (LS), Partially laminated sediments (PLS), Bioturbated sediments  
521 (BS), and Massive sediments (MS). Rapidly deposited layers (RDLs) and a turbidite  
522 deposit were also identified. These facies were deposited under modern conditions, and  
523 reflect the influence of interacting factors including seasonality, sedimentation rate and  
524 depth.

- 525 • Morphological parameters, including relative depth, maximum depth and some variables  
 526 (mean depth, mean wind fetch, maximum wind fetch and topographic exposure) favour  
 527 laminae preservation in Lake Walker compared to lakes Pentecôte and Pasteur.
- 528 • Lake Pentecôte contains mainly massive to partially laminated sediments, while Lake  
 529 Pasteur contains (partially) laminated facies that reflect non-annual deposition. On the  
 530 other hand, Lake Walker contains laminated sediments that are better preserved with  
 531 increasing depth. Despite inconsistencies in  $^{137}\text{Cs}$  dating, there is evidence of close  
 532 correspondence between laminae counts and the  $^{210}\text{Pb}$  (CIC and CRS) chronology  
 533 models, which support the hypothesis that Lake Walker is likely a varved lake.  
 534 Therefore, Lake Walker is a promising archive for future varve-based  
 535 paleoenvironmental reconstructions.

### 536 **Acknowledgement**

537 The authors thank the Editor, Ali Polat and two anonymous reviewers for constructive reviews  
 538 in improving this paper. This research was funded by the Natural Sciences and Engineering  
 539 Research Council of Canada (NSERC) Discovery grants and Ship Time grant, and by the Fonds  
 540 de Recherche du Québec: Nature et Technologies (FRQNT) – recherche en équipe to P.F, G.S  
 541 and P.L. Graduate scholarships from GEOTOP (2015) and NSERC CREATE EnviroNorth  
 542 (2016) to O.N are acknowledged. Reinhard Pienitz at Université Laval is acknowledged for  
 543 comments and literature that inspired some ideas in this paper. The authors thank members of  
 544 their research teams: Jean-Philippe Jenny, Arnaud De Coninck, François Lapointe and Thibault  
 545 Labarre at INRS-ETE; Etienne Brouard, Annie-Pier Trottier, François-Xavier L'Heureux-  
 546 Houde, Gabriel Joyal and Daniel Deschênes at Université Laval, and Quentin Beauvais, Elissa  
 547 Barris and Melissa Éttorre at UQAR-ISMER for their assistance during fieldwork and/or in the  
 548 laboratory. Lastly, we thank the management and staff at *La Réserve faunique de Port-Cartier-*  
 549 *Sept-Îles* for ease of access to the lakes.

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Table 1. Characteristics of the studied lakes and empirical parameters relating laminated sediments to lake morphometry

Lake	Pentecôte	Walker	Pasteur
Latitude (°)	49.867	50.267	50.217
Longitude (°)	-67.333	-67.15	-66.067
Altitude (m)	84	115	86
Maximum depth, $Z_m$ (m)	130	271	70
Maximum length, $L_{max}$ (km)	15	30	18
Maximum width, $b_{max}$ (km)	2.8	2.3	1.9
Lake area (km <sup>2</sup> )	18.9	41	19.3
Area of watershed (km <sup>2</sup> )	1710	2173	1020
Salinity (PSU)	1.2 - 1.4	1.2 - 1.5	
Conductivity (mS)	1.75 - 1.9	1.75 - 1.9	
Thermal lake type	D	D	D
Catchment Geology	G, T, S, C, P	G, T, S, C, P	Pg, T, S, C, P
Dominant sediment facies	MS, PLS	LS	PLS
<u>Empirical assumptions</u>			
Relative depth, $Z_r$ (m)	2.7	3.9	1.4
Critical boundary, $Z_{m1}$ (m)	71.5	89.8	72.5
Mean depth (m)	59.5	125	54.7
Exposure index (km)	31.8	32	35.3
Maximum wind fetch (km)	5.3	6.1	2.3
Mean wind fetch (km)	1.6	1.9	0.9
Topographic exposure (km)	28.4	125.6	52.2
Shoreline development (%)	5	3	1
Shoreline afforestation (%)	80	85	70

Basic morphometric characteristics according to (Gagnon-Poiré 2016; Normandeau et al. 2016). Thermal lake type: D - dimictic. Catchment geology: G gneiss, Pg paragneiss, T morainic till, S sand and gravel, C clay and silt, P peat. Empirical assumptions (Hutchinson 1957; Larsen and MacDonald 1993; Tylmann et al. 2013; Wetzel et al. 1991). Facies legend is given in Table 2.

Table 2. List of sediment cores sampled from the three studied lakes

S/N	Core name	Lake	Latitude (N)	Longitude (W)	Water depth (m)	Length (m)	Main sediment facies (Remark)
1	PC14-01-R	Pentecôte	49.880944	67.356639	43	37	PLS
2	PC14-02-R	Pentecôte	49.882444	67.354611	38	37	PLS
3	PC14-03-R	Pentecôte	49.883556	67.353667	50	35	PLS
4	PC14-04-R	Pentecôte	49.884944	67.353167	40	39	PLS (Reference)
5	PC14-05-R	Pentecôte	49.886306	67.351250	45	39	PLS
6	PC14-06-R	Pentecôte	49.869208	67.331844	80	38	PLS
7	PC14-07-R	Pentecôte	49.858361	67.331056	130	42	MS
8	PC14-08-R	Pentecôte	49.858361	67.318028	90	41	PLS
9	PC14-09-R	Pentecôte	49.837972	67.296222	39	39	PLS
10	PC14-10-R	Pentecôte	49.829611	67.286444	40	40	MS
0	WA14-00-R	Walker	50.394111	67.172389	161	43	LS
1	WA14-01-R	Walker	50.369750	67.167861	216	54	LS
2	WA14-02-R	Walker	50.369083	67.170806	178	55	LS
3	WA14-03-R	Walker	50.368250	67.174694	140	48	LS
4	WA14-04-R	Walker	50.367722	67.177083	121	46	LS
5	WA14-05-R	Walker	50.367361	67.178556	69	44	LS
6	WA14-06-R	Walker	50.380306	67.174028	151	49	LS
7	WA14-07-R	Walker	50.379083	67.176306	140	48	LS (Reference)
8	WA14-08-R	Walker	50.377361	67.177083	140	45	LS
9	WA14-09-R	Walker	50.377083	67.181806	57	40	LS
10	WA14-10-R	Walker	50.376639	67.184139	31	35	BS
11	WA14-11-R	Walker	50.375917	67.185750	11	30	BS
12	WA14-12-R	Walker	50.381417	67.170028	157	44	LS
13	WA14-13-R	Walker	50.382889	67.165361	130	46	LS
14	WA14-14-R	Walker	50.368111	67.172028	165	48	LS
15	WA14-15-R	Walker	50.367917	67.175694	139	43	LS
W5	WA11-W5-R	Walker	50.362310	67.165650	270	43	LS (Reconnaissance)
2	PA14-02-R	Pasteur	50.318667	66.927083	30	38	PLS
3	PA14-03-R	Pasteur	50.318583	66.927361	39	39	PLS
4	PA14-04-R	Pasteur	50.318722	66.927639	46	35	PLS
5	PA14-05-R	Pasteur	50.318778	66.927889	50	41	PLS
6	PA14-06-R	Pasteur	50.318833	66.928222	55	36	PLS
7	PA14-07-R	Pasteur	50.318806	66.928417	59	39	PLS
8	PA14-08-R	Pasteur	50.318806	66.928722	65	42	PLS
9	PA14-09-R	Pasteur	50.318917	66.929083	69	39	PLS
10	PA14-10-R	Pasteur	50.319583	66.934972	38	28	PLS
11	PA14-11-R	Pasteur	50.319175	66.932806	62	38	PLS
12	PA14-12-R	Pasteur	50.319167	66.932528	67	36	PLS
13	PA14-13-R	Pasteur	50.324806	66.933778	45	34	PLS
14	PA14-14-R	Pasteur	50.332333	66.935083	60	40	PLS
15	PA14-15-R	Pasteur	50.334167	66.937056	57	48	PLS
16	PA14-16-R	Pasteur	50.318972	66.929944	71	66	LS (Reference)
17	PA14-17-R	Pasteur	50.318861	66.928694	65	77	PLS

Sediment facies: LS - Laminated sediments, PLS - Partially laminated sediments, BS - Bioturbated sediments, MS - Massive sediments

Table 3. List of sampling points for measurement of physico-chemical parameters in lakes Pentecôte and Walker

<b>Code</b>	<b>Lake</b>	<b>Latitude (N)</b>	<b>Longitude (W)</b>	<b>Parameter measured</b>	<b>Depth (m)</b>	<b>Relative location</b>
S4_PC_01	Pentecôte	49.918368	67.362836	T, S	40	North
S4_PC_03	Pentecôte	49.842510	67.305110	T, S	60	South
S4_WA_01	Walker	50.222500	67.150833	T, S	100	South
S4_WA_02	Walker	50.299067	67.182238	T, S	60	Central
S4_WA_03	Walker	50.377083	67.181806	T, S	80	North
T1 (Onset)	Walker	50.338111	67.173167	T	35	North-central
T12 (Onset)	Walker	50.338111	67.173167	T	170	North-central

Parameter: T- temperature, S – salinity. Measurement points and profiles are shown on Figures 2 and 3, respectively.

Table 4. AMS  $^{14}\text{C}$  age of the dated materials from lakes Pentecôte and Walker

<b>Core name</b>	<b>Depth (cm)</b>	<b>Material</b>	<b>Laboratory no.</b>	<b><math>^{14}\text{C}</math> âge (BP)</b>	<b><math>^{14}\text{C}</math> âge calBP</b>
WA14-06-R	36.5	Wood fragment	UCIAMS-161059	930 ± 25	791-918
PC15-04B-P-CD*	101	Bulk sediment	UCIAMS-162978	7240 ± 25	7996-8159

\*G. Poiré et al. (accepted)

Table 5. Comparison of sedimentation- rates and fluxes derived from sediment dating from surface cores from lakes Pentecôte, Walker and Pasteur

Core	Sedimentation rate (mm a <sup>-1</sup> )*				Sedimentation flux (g cm <sup>-2</sup> a <sup>-1</sup> )		
	<sup>210</sup> Pb CRS	<sup>210</sup> Pb CIC	<sup>210</sup> Pb CF-CS	AMS <sup>14</sup> C	<sup>210</sup> Pb CRS	<sup>210</sup> Pb CIC	<sup>210</sup> Pb CF-CS
PC14-04-R	0.64	0.68	0.48		0.03	0.03	0.02
WA14-06-R	0.65	0.70	0.95	0.40	0.03	0.03	0.05
PA14-16-R	0.04	1.15	0.87		0.03	0.09	0.06
WA11-W5-R	0.11	0.02	0.02		0.03	0.01	0.16
PC15-04B-P-CD*				0.90			

\*G. Poiré et al. (accepted)

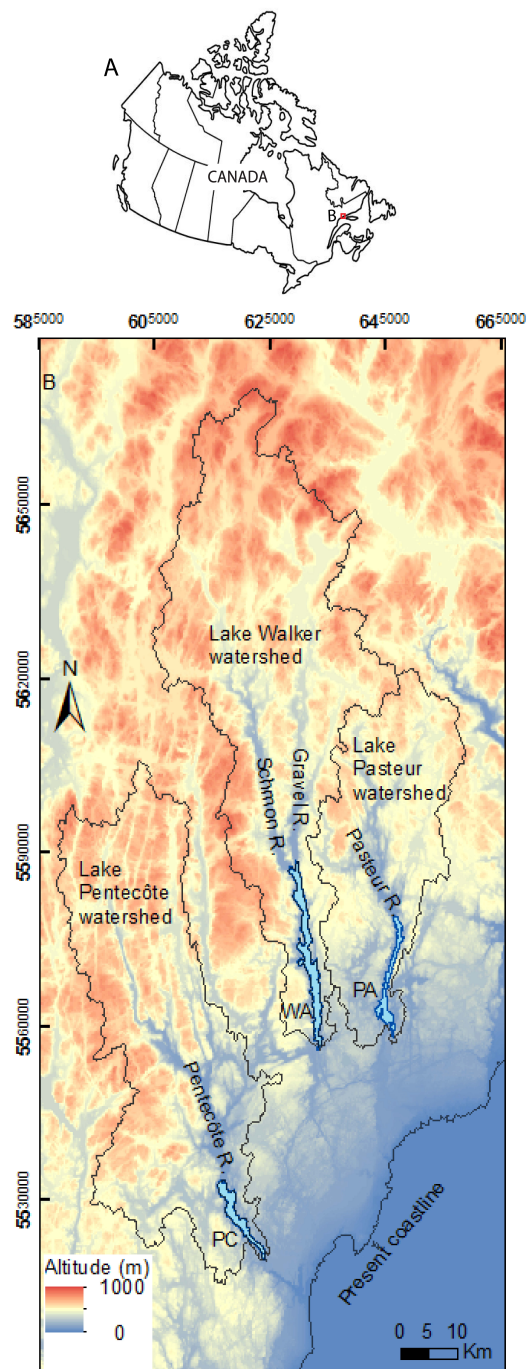


Fig. 1. (A) Geographic location of the Québec North Shore region in Eastern Canada. The insert (B) shows the location of lakes Pentecôte (PC), Walker (WA) and Pasteur (PA) (shown in blue background) and the extent of their respective watersheds (marked by dark lines). Major river inflows in the northern area of each lake are also shown.

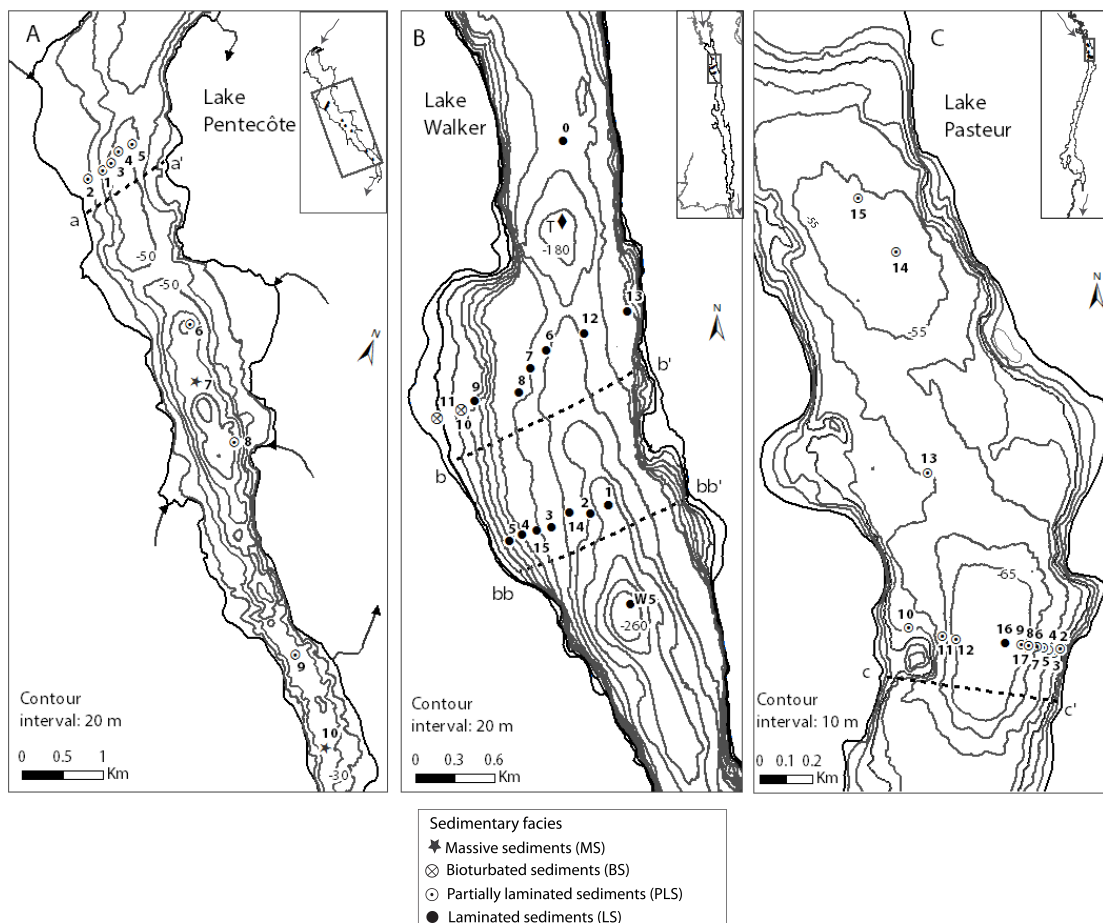


Fig. 2. Maps showing bathymetry, location of sediment cores and the sediment facies described in (A) Lake Pentecôte, (B) Lake Walker and (C) Lake Pasteur. Core names are abbreviated as serial numbers e.g. WA14-06-R written as 6 (Table 1). W5 refers to the reconnaissance core, WA11-W5-R from Lake Walker (see text). Also shown is the deployment location of Onset temperature sensors in Lake Walker, labelled as T. Schematic subbottom profiles along marked transects are shown in Fig. 3. Core names along transect c-c', Lake Pasteur, are clearer in Fig. 4D

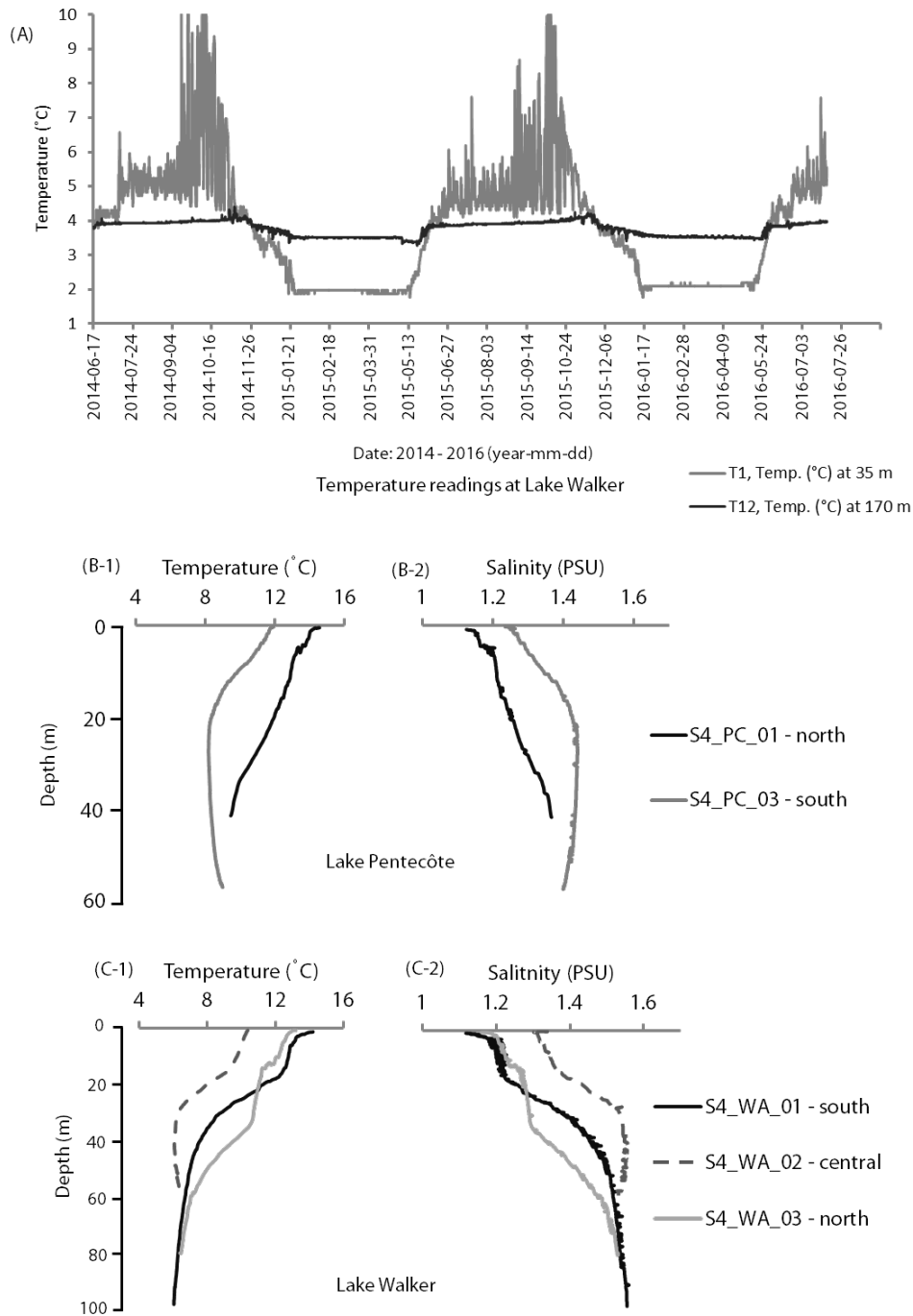


Fig 3. Measurement of physical parameters: (A) Temperature variations in the water column of Lake Walker at 35 and 170 m depths below water level measured using Onset Hobo temperature sensors over a 2-year period (June 2014 - August 2016). Deployment location of sensors is marked as T in the Fig. 2. (B and C) Profiles of temperature and salinity measured in lakes Pentecôte and Walker, respectively using an S4 current meter on September 24 2014 (sampling points are described in Table 3).



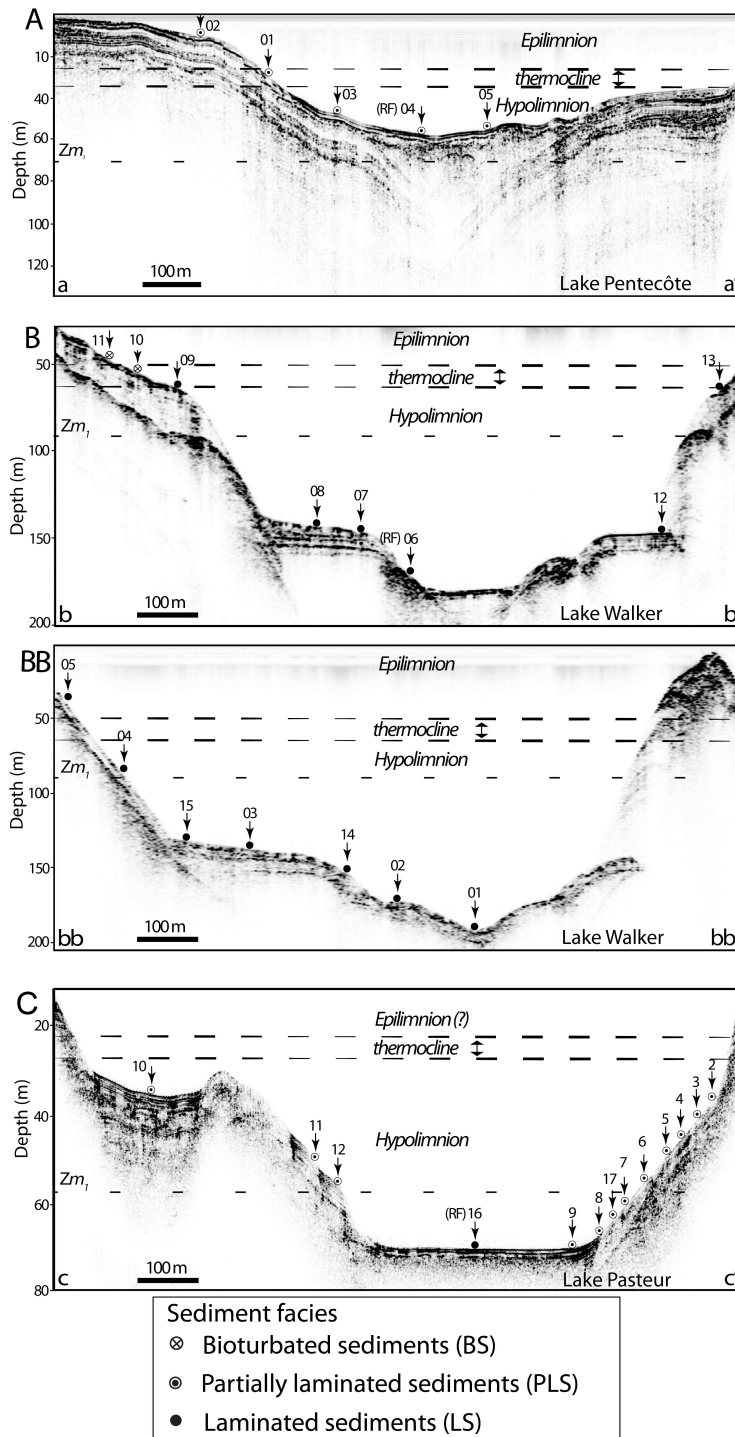


Fig. 4. Schematic subbottom profiles along the transects shown in Fig. 2. (A) a – a', Lake Pentecôte; (B) (b – b', bb – bb', Lake Walker) and (C) c – c', Lake Pasteur. The location of cores retrieved and the sediment facies encountered are shown (see full legend in Fig. 2). Core names are abbreviated as serial numbers (see Table 1). RF indicates the reference core for each lake. Thermal stratification zones are inferred from temperature measurements (see text). Also shown are the empirical depths of the critical boundary ( $Z_{m1}$ ) described for each lake (See text and Table 1)

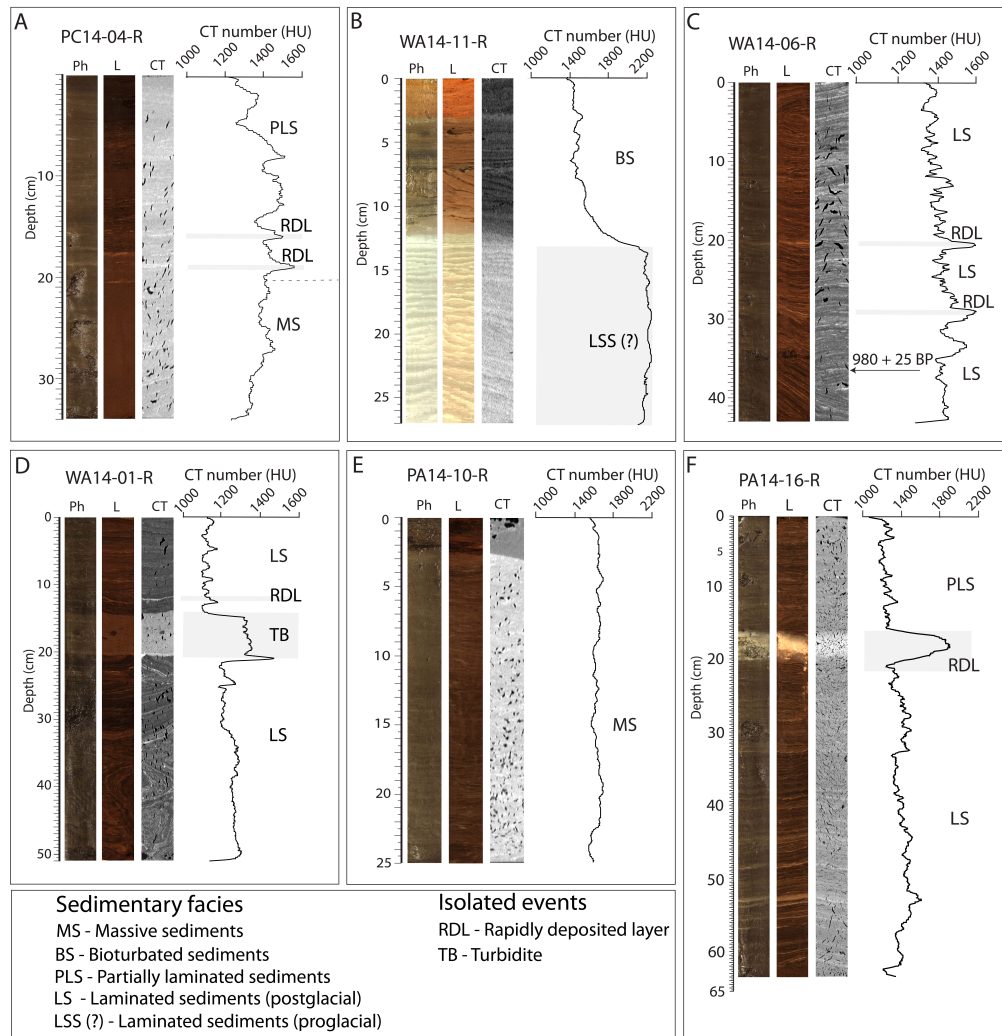


Fig. 5. Digital photo (Ph), ITRAX line scan images (L) and CT-scan frontal view (CT) showing example images of the sedimentary facies described in lakes Pentecôte, Walker and Pasteur. Rapidly deposited layers (RDLs) and turbidites (TB) represent isolated events. The LLS (?) represents proglacial facies that was encountered (below the BS facies, 5B) but not discussed in detail in this study (see G. Poiré et al. accepted). Note that corresponding images may appear slightly different because they were taken along different slices/views of the respective sediment cores

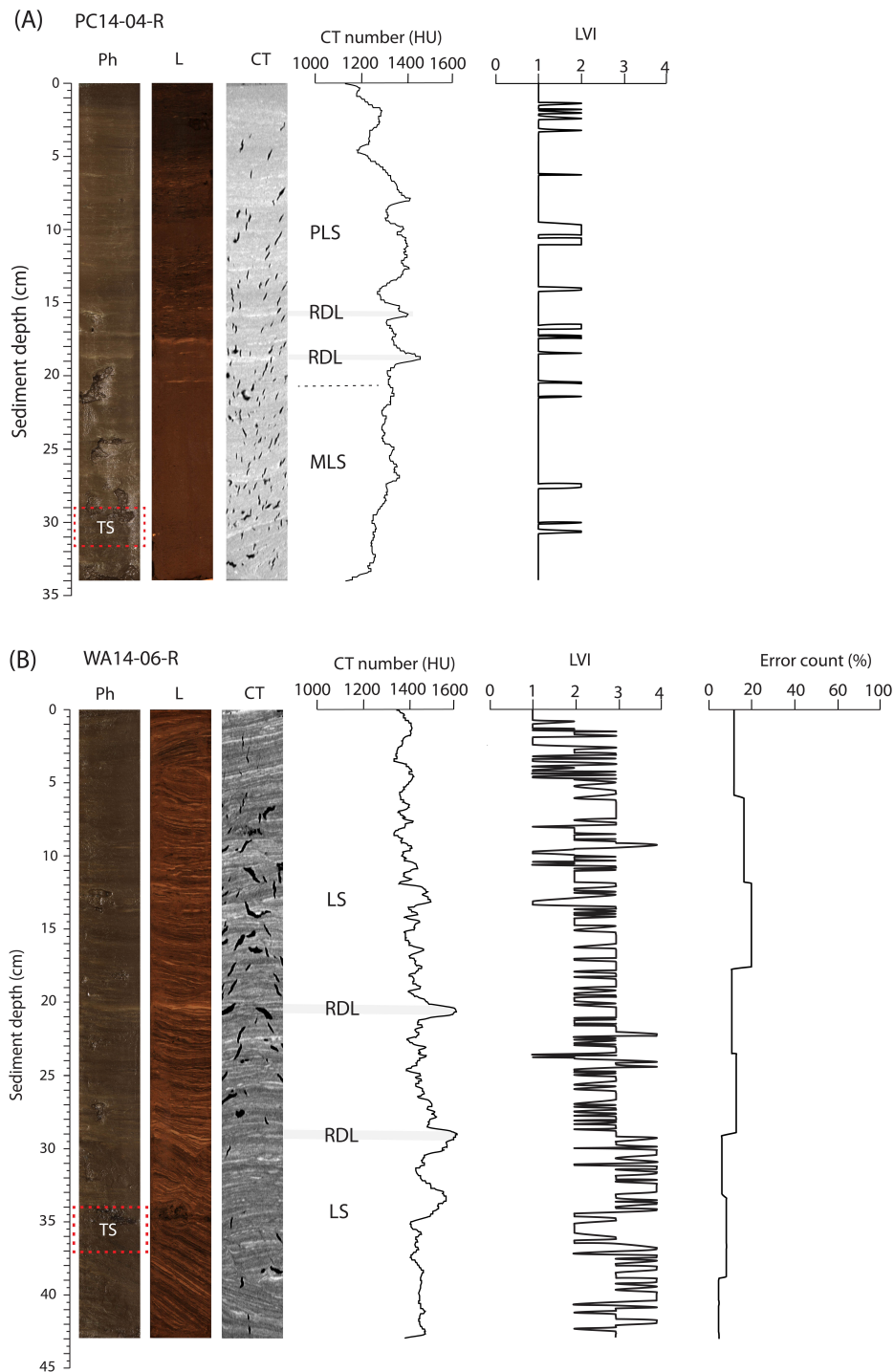


Fig. 6. Profiles with the digital photo (Ph), ITRAX line scan image (L) and CT-scan frontal view (CT), and results of sedimentological analysis: laminae visibility index (LVI) and laminae counting error estimate for the reference cores (A) PC14-04-R, (B) WA14-06-R and (C) PA14-16-R from lakes Pentecôte, Walker and Pasteur, respectively. LVI index: 0 - none, 1- faint, 2 - visible, 3 - clear, 4 - distinct. Thin-sections from the lower part (marked "TS" on the digital photos) are shown in Fig. 7.

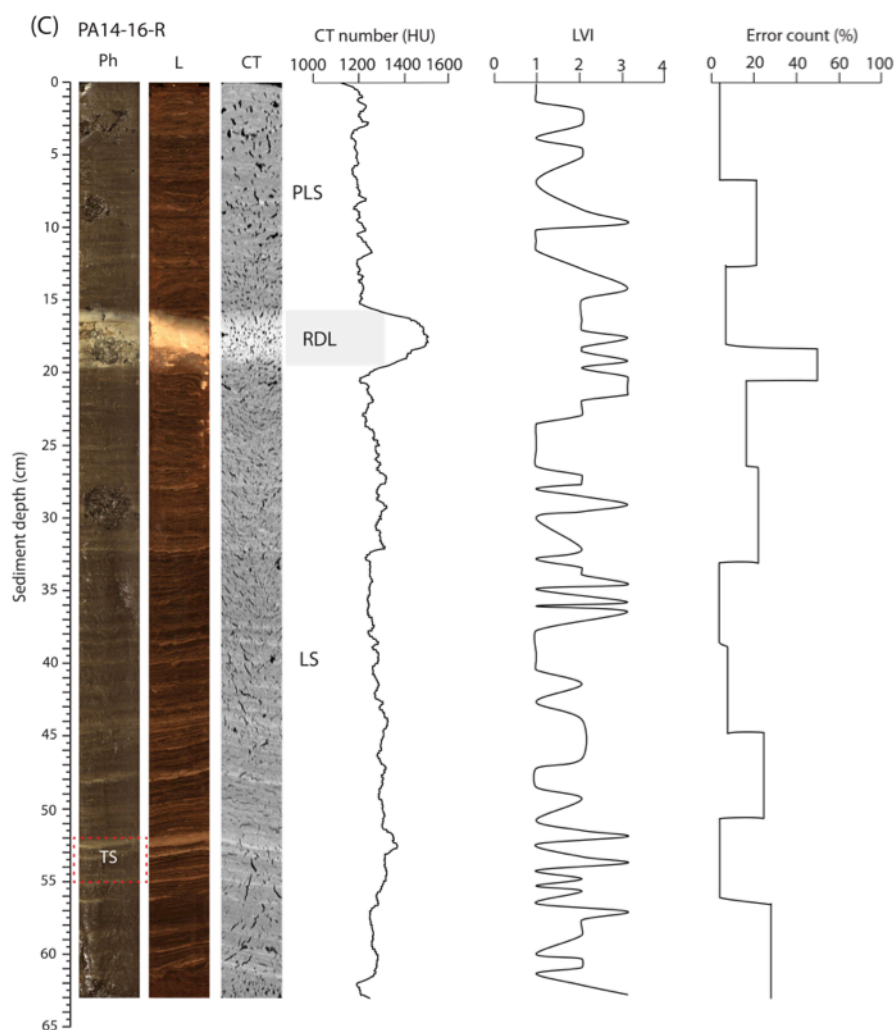


Fig. 6 (continued, 6C) Profiles with the digital photo, CT-scan frontal view, line scan image (ITRAX) and results of sedimentological analysis: laminae visibility index (LVI) and laminae counting error estimate for the core PA14-16-R from Lake Pasteur. LVI index: 0 - none, 1- faint, 2 - visible, 3 - clear, 4 - distinct. Thin-sections from the lower part (marked “TS” on the digital photos) are shown in Fig. 7.



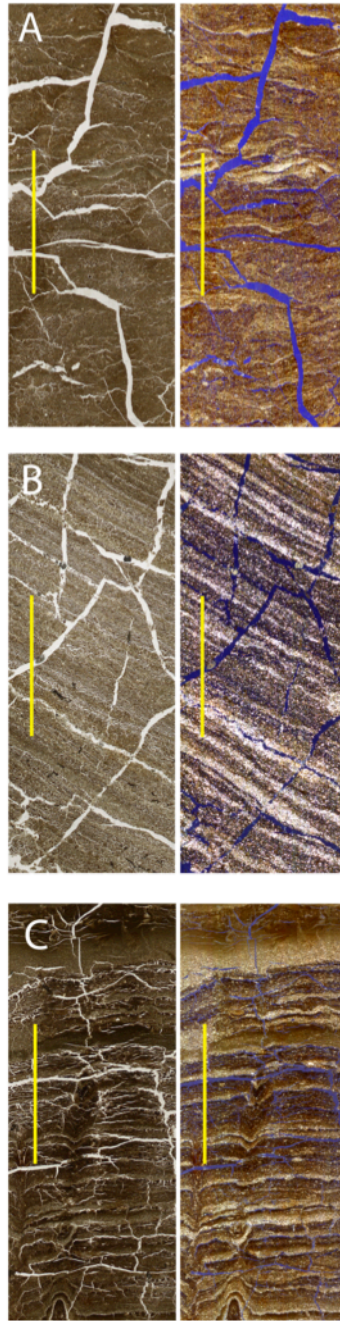


Fig. 7. Image observation of laminae structure in lower intervals of the reference cores: (A) PC14-04-R, (B) WA14-06-R and (C) PA14-16-R using thin-sections viewed in plane (left) and cross polarized light (right). Scale is 1 cm. Blue backgrounds in the cross-polars are due to the embedding resin. In the WA14-06-R and PA14-16-R, visible–distinct laminae couplets comprising a silty lamina and a clayey lamina with sharp contact with the overlying laminae can be seen

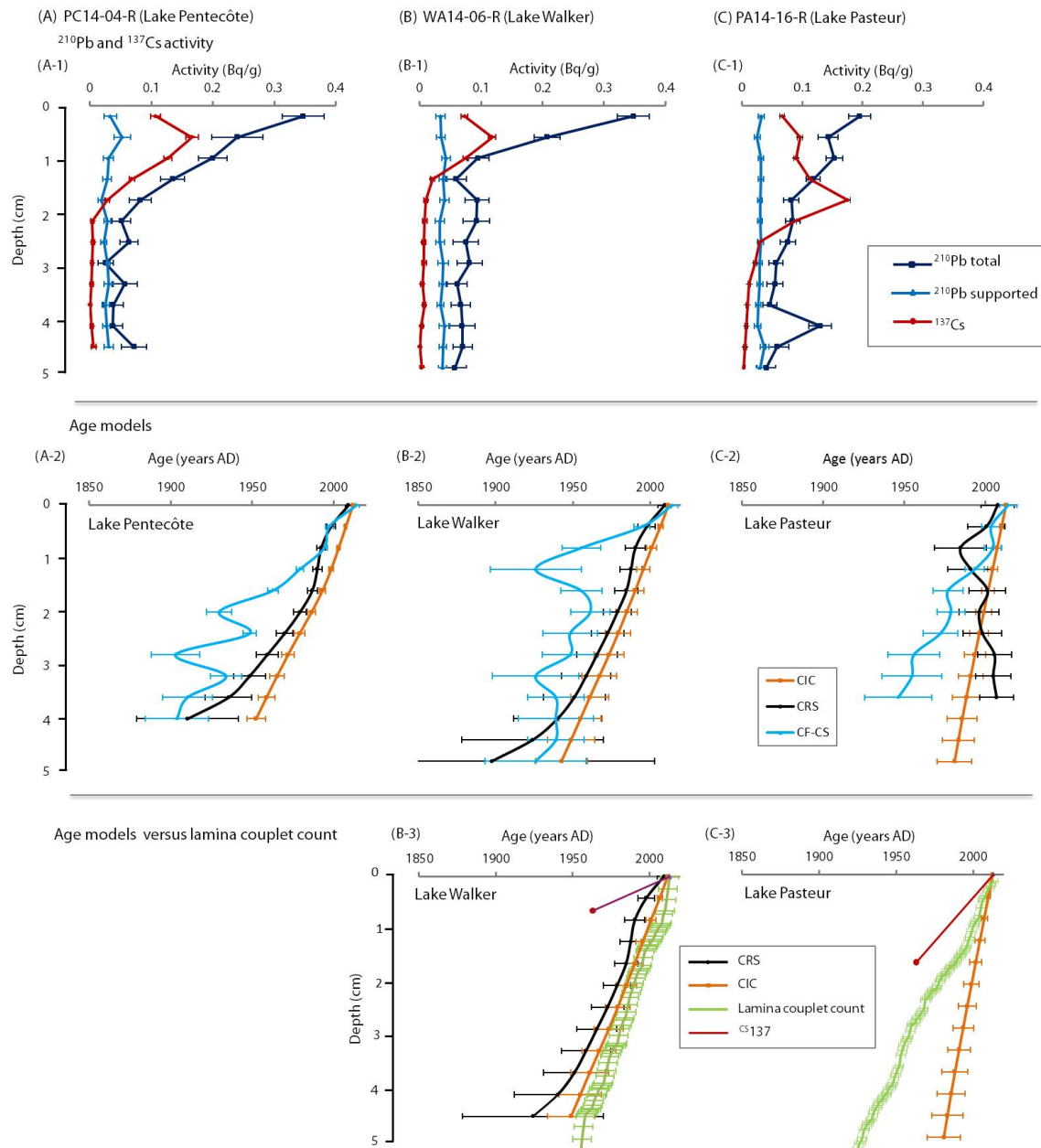


Fig. 8. Recent chronology ( $^{210}\text{Pb}$  and  $^{137}\text{Cs}$ ) for the reference cores from (A) Lake Pentecôte, (B) Lake Walker and (C) Lake Pasteur, respectively: (A-1, B-1, and C-1) Total (measured) and supported (from  $^{226}\text{Ra}$  decay)  $^{210}\text{Pb}$  activity and  $^{137}\text{Cs}$  activity; (A-2, B-2, and C-2) Chronology models based on the constant rate of supply (CRS), the constant initial concentration (CIC) and constant flux–constant sedimentation (CF-CS); (B-3, and C-3) Comparison of applicable age models (CIC/CRS) to lamina couplet counts in the upper sediments of lakes Walker and Pasteur